



2022 RHODE ISLAND YOUNG ADULT SURVEY

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Funded by the Substance Abuse and Mental Health Services Administration (SAMHSA) Partnerships for Success grant by the Rhode Island Department of Behavioral Healthcare, Developmental Disabilities & Hospitals (BHDDH)

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WHAT IS THE RIYAS?

- The Rhode Island Young Adult Survey is a behavioral survey administered to adults aged 18-25 years, residing in RI for at least part of the year
- Recruitment and survey were offered in English
- Recruitment included paid Instagram, Facebook, Twitter, and Snapchat ads (targeted to 18–25-year-olds georeferenced in Rhode Island
- Recruitment was supplemented by informal posts to Reddit, flyers, floor clings at Providence Place Mall and informal e-mail recruitment to institutions of higher education in RI
- A total of N = 1,022 surveys were completed for 2022 administration, May through August, an 87% increase from 2020 RIYAS



MENTAL DISABILITIES & HO

FLYERS & PAID ADS







WHY IS THE RIYAS SPECIAL?

- Young adults aged 18-25 years have some of the riskiest behaviors in terms of substance use, and tend to have high rates of mental illness
- Young adulthood is also a developmental transition period in which long-term health outcomes and long-term behaviors are established
- Rhode Island Young Adult Survey is the largest behavioral survey to date for young adults residing in RI for at least part of the year; also includes visiting college students unlike other surveillance systems
- Prior behavioral estimates from this population have used much smaller samples for annual surveillance: Behavioral Risk Factor Surveillance System (BRFSS; N<300) and National Survey on Drug Use and Health (NSDUH; N<100)





HOW DO WE USE THE RIYAS?

- Provides a snapshot of the state of substance use and mental health issues among young adults residing in Rhode Island
- Helps guide policy and programming related to young adult:
 - Problematic substance use
 - Risk and protective factors for substance use
 - Substance use consequences
 - Mental health burden
 - Adverse childhood experiences
- Findings provide insights that, when combined with context and other data sources, can be used to help in decision-makina about types of resources and where resources should be allocated



PEER-REVIEWED ARTICLES FROM THE 2020 RIYAS



Exposure to Alcohol Marketing and Alcohol-Related Consequences in Young Adults

Noel JK, Rosenthal SR, Sammartino CJ. 2022. Exposure to Alcohol Marketing and Alcohol-Related Consequences in Young Adults & Substance Use and Misuse;1-4. DOI: 10.1080/10826084.2022.2063894.



Correlates of Gambling and Gambling Problems Among Young Adults: A Cross-Sectional Study

Noel JK, Rosenthal SR, Sammartino CJ. 2022. <u>Correlates of Gambling and Gambling Problems Among Young Adults: A Cross-Sectional Study</u> 2. Journal of Public Health (Oxf); fdac023. doi:10.1093/pubmed/fdac023



Gambling: A Ubiquitous Behavior Among Rhode Island's Young Adults.

Noel JK, Tudela SE, Jacob S, Rosenthal SR. 2022. *Gambling: A Ubiquitous Behavior Among Rhode Island's Young Adults* & Rhode Island Medical Journal; 105(3):46-50. PMID: 35349622.



Breaking Down Barriers: Young Adult Interest and Use of Telehealth for Behavioral Health Services

Rosenthal SR, Sonido PL, Tobin AP, Sammartino CJ, Noel JK. 2022. <u>Breaking Down Barriers: Young Adult Interest and Use of Telehealth for Behavioral Health Services</u> 2. Rhode Island Medical Journal (2013). 2022 Feb 1;105(1):26-31.



Eliminating Disparities in Young Adult Tobacco Use: The Need for Integrated Behavioral Healthcare

Rosenthal SR, Wensley IA, Noel JK. 2022. *Eliminating Disparities in Young Adult Tobacco Use: The Need for Integrated Behavioral Healthcare* 2. Rhode Island Medical Journal; 105(2):38-42. PMID: 35211709.



Inequities Laid Bare: The Mental Health of Young Adults During the COVID-19 Pandemic

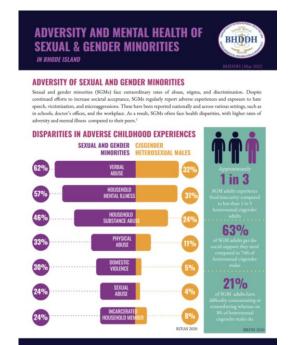
Rosenthal SR, Pearlman DN, Field MA, Sammartino CJ, Noel JK. 2021. <u>Inequities Laid Bare: The Mental Health of Young Adults During the COVID-19 Pandemic</u> 2. Rhode Island Medical Journal (2013). 2021 Dec 1; 104(10):36-41. PMID: 34846381.

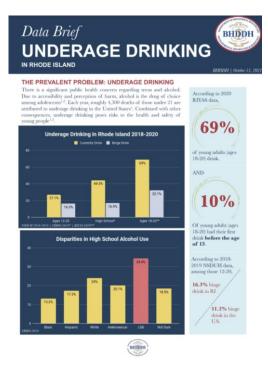


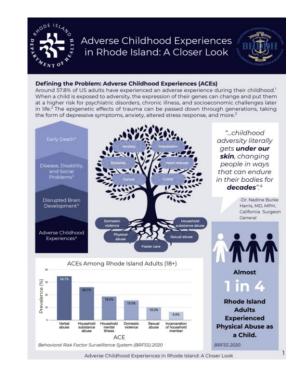
FIND IT HERE: https://seow.ri.gov

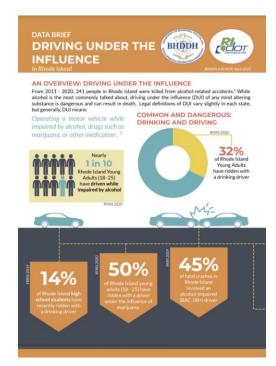


COLLABORATIVE DATA BRIEFS FROM THE 2020 RIYAS











FIND IT HERE: https://seow.ri.gov



WHAT DATA DID WE COLLECT?

- <u>Demographics:</u> Gender, sex, sexual orientation, region of residence, age, race/ethnicity, social ladder, living situation, employment, Greek life, student status, disability, veteran status, pregnancy
- Alcohol: Consumption, frequency, binge, problems, source, fake ID, ease of fake ID use, riding or driving, advertising, perception of harm, hazardous alcohol use, alcohol use disorder
- <u>Tobacco & Vaping:</u> Consumption, frequency, brand, flavor, source, advertising, perception of harm
- <u>Cannabis</u>: Consumption, frequency, riding or driving, source, primary mode, advertising, perception of harm
- Other Drugs: OTC, Rx consumption, other illicit drugs, adult perception of harm, perception of risk
- Mental Health: Anxiety, depression, depression diagnosis, social/emotional support, consider suicide, suicide plan, suicide attempt, insomnia, telehealth
- <u>Behavioral Addictions:</u> smartphone, video games, pornography, gambling
- <u>Injury or Violence:</u> adverse childhood experiences, sexual violence, intimate partner violence, community violence, witness community violence, brain injury, brain injury diagnosis



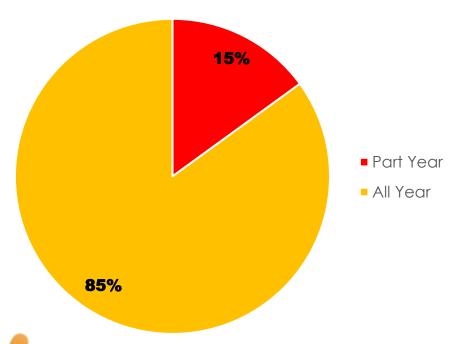


DEMOGRAPHICS

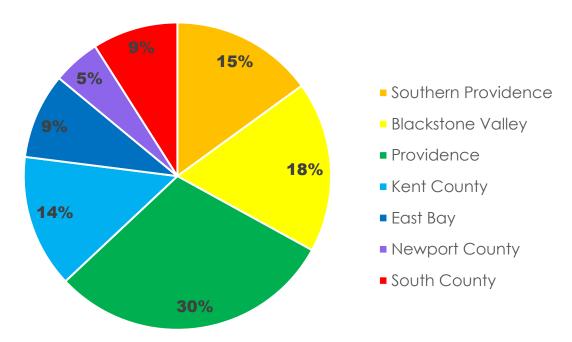




Resides in Rhode Island



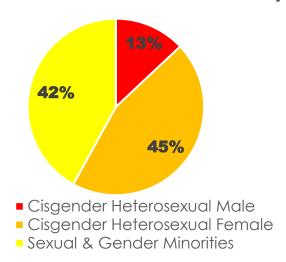
Region of Residence



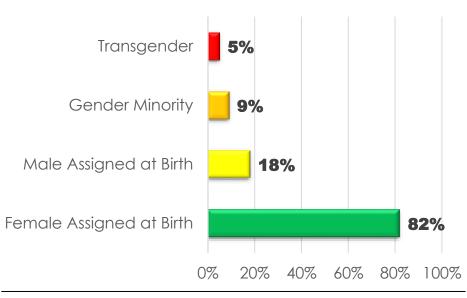




Sexual & Gender Identity

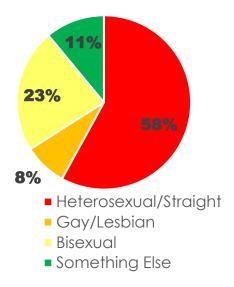


Gender & Sex Assigned at Birth



NOTE: Gender minorities are those who identify as neither male nor female or as transgender

Sexual Orientation

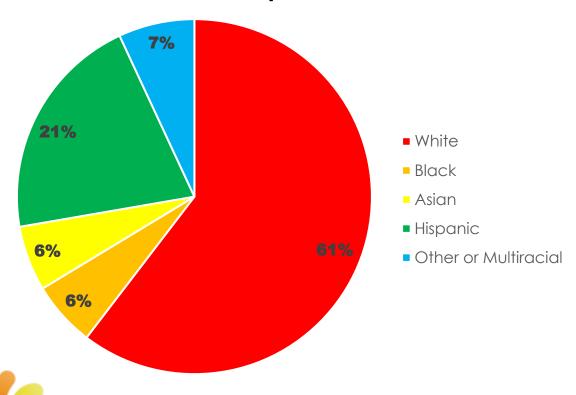




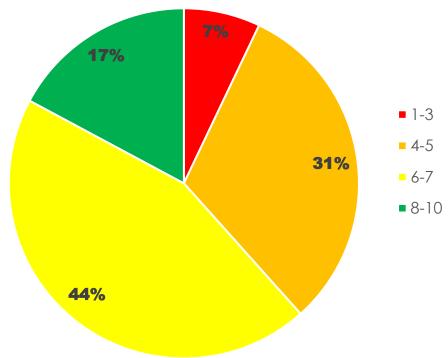


Race/Ethnicity

Rhode Island Young Adult Survey

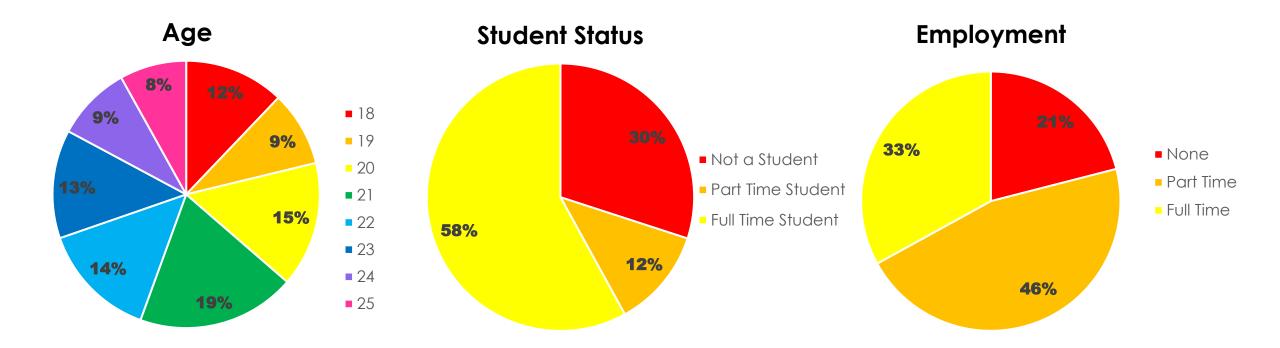


Subjective Socioeconomic Status



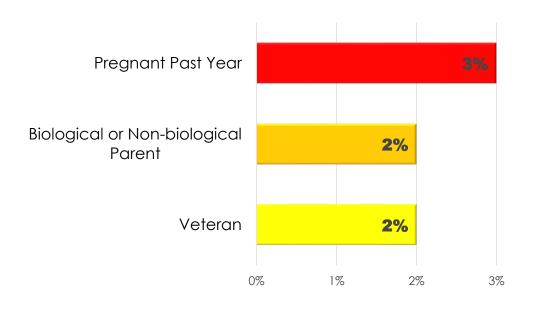
NOTE: "Worst off" is 1 and "Best off" is 10



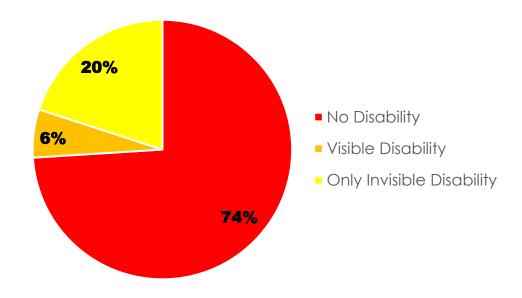








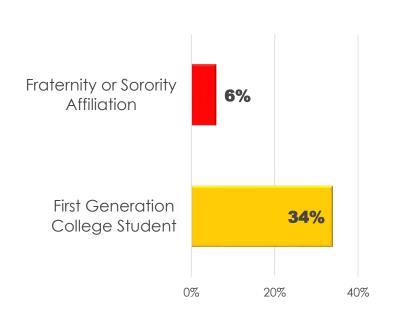
Disability Status

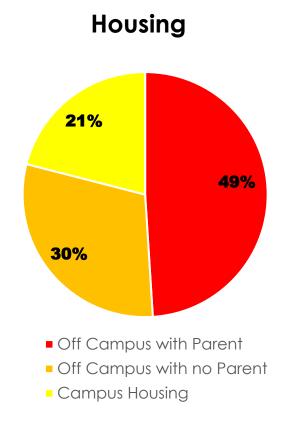


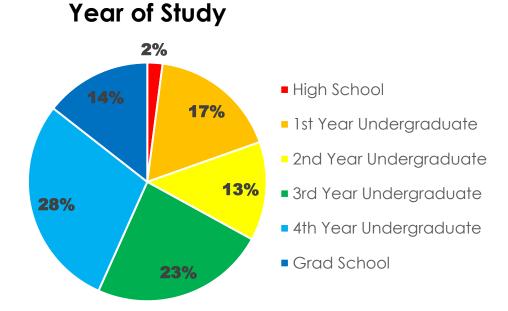




Among Students in the 2022 RIYAS...











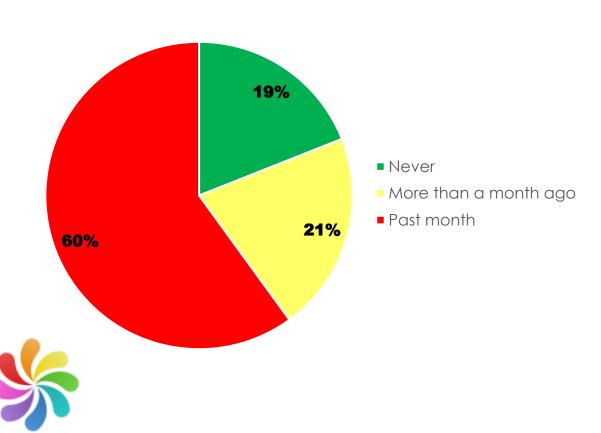
ALCOHOL





Drank Alcohol

Rhode Island Young Adult Survey

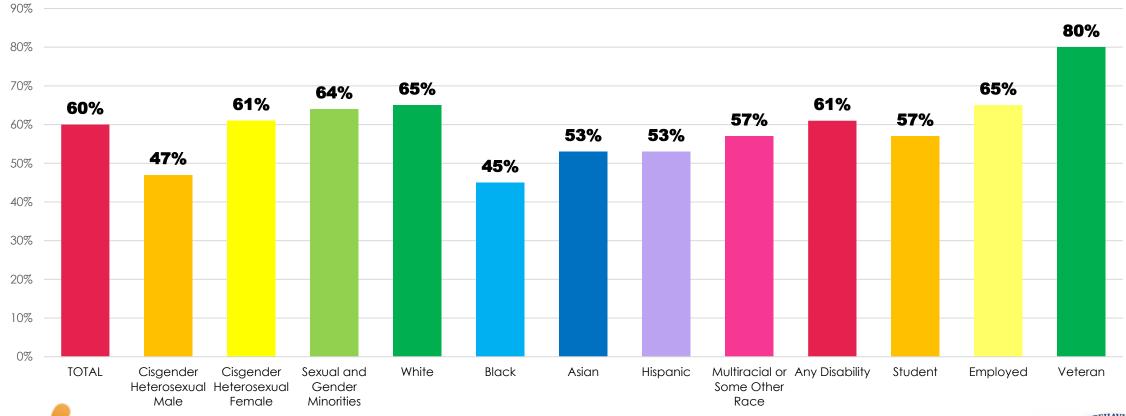


Average Age at First Drink among Ever Drinkers (N=832):

17 Years Old



Past Month Drinking



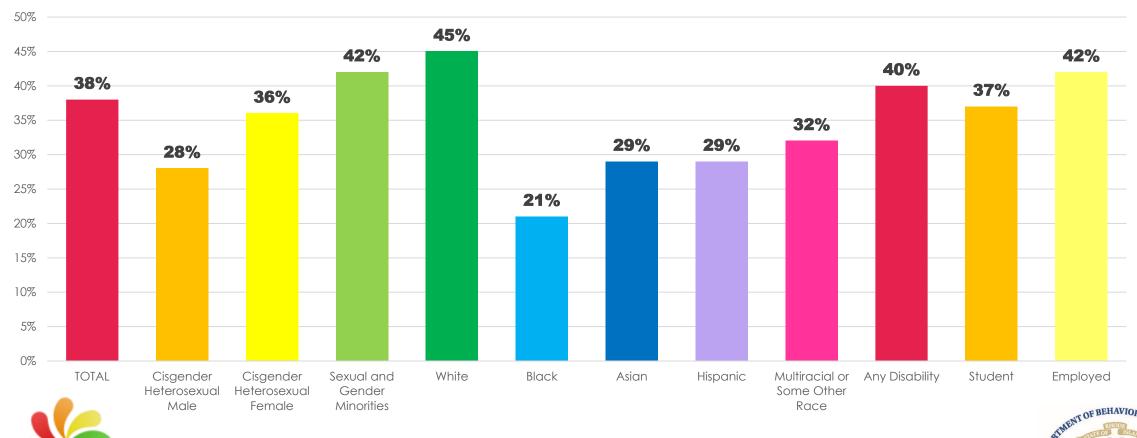


NOTE: No significant differences in current drinking by disability or veteran status. Current drinking varied by sexual & gender identity (p=0.003), race/ethnicity (p=0.001), student status (p=0.001), and employment (p<0.001).



ELECTRICAL DISABILITIES & HOS

Past Month Underage Drinking, N=367

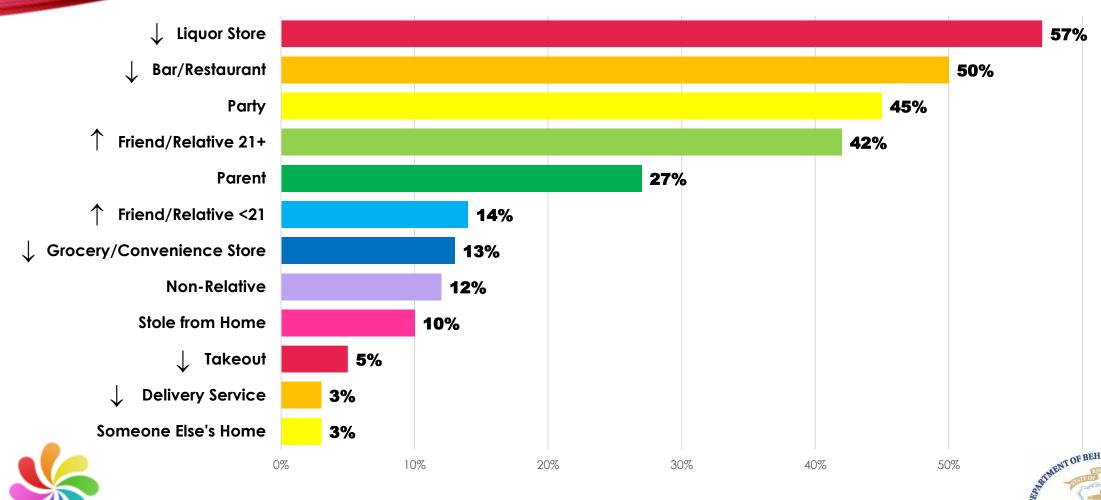


NOTE: No significant differences in underage drinking by sexual & gender identity, disability, or student status. Past month underage drinking varied by race/ethnicity (p=0.032) and employment (p=0.004).



E ELONNENTAL DISABILITIES & HOS

Source of Alcohol among Ever Drinkers (N=832)



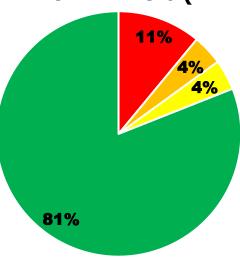
[↓] Underage drinkers were less likely to use this source (p<0.05)</p>

Rhode Island Young Adult Survey

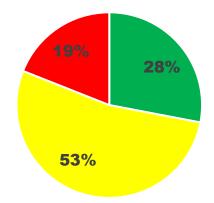
Underage drinkers were more likely to use this source (p<0.05)

How Easy is it to . . .

Fake ID Use among Underage Ever Drinkers (N=241)

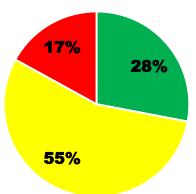


- Yes and used it
- Yes but not used it
- No but plan to get one
- No and no intention of getting one



Get a Fake ID?

Purchase Alcohol with a Fake ID?

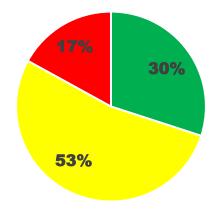


Not at all

Somewhat

Very

Get into a Bar or Club with a Fake ID?

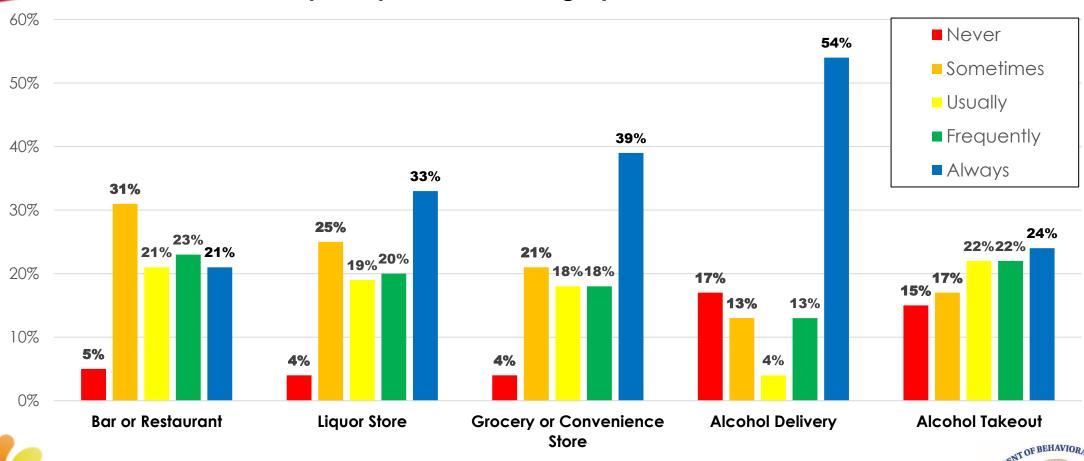






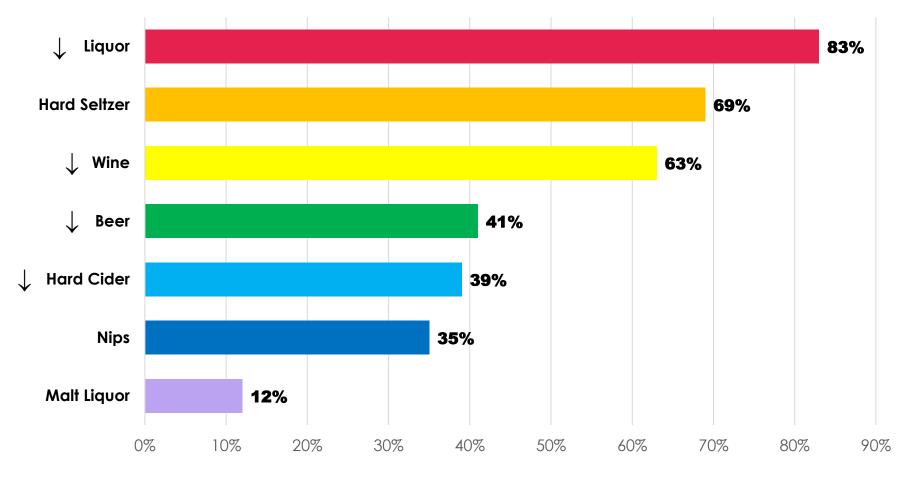
ELECTRICAL DISABILITIES & HOST

Frequency of ID Checking by Source of Alcohol





Types of Alcohol Consumed by Drinkers (N=784)

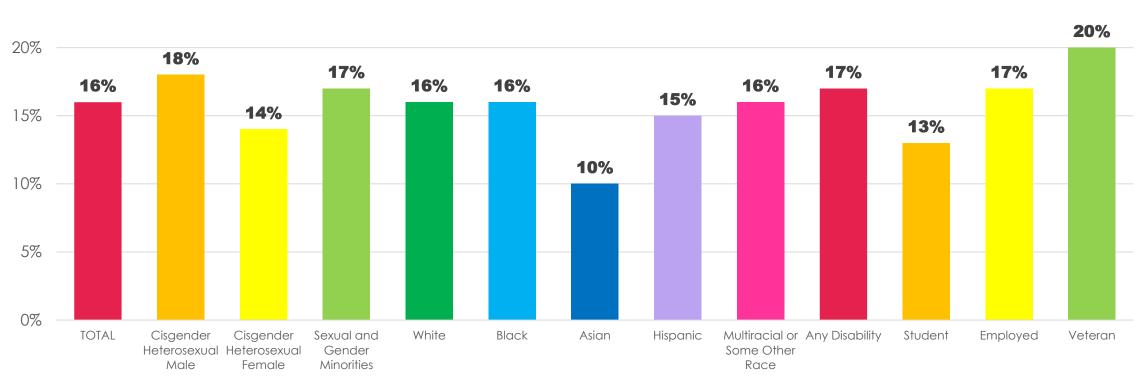


Underage drinkers were less likely to use this type (p<0.05)

Rhode Island Young Adult Survey



Hazardous Drinking



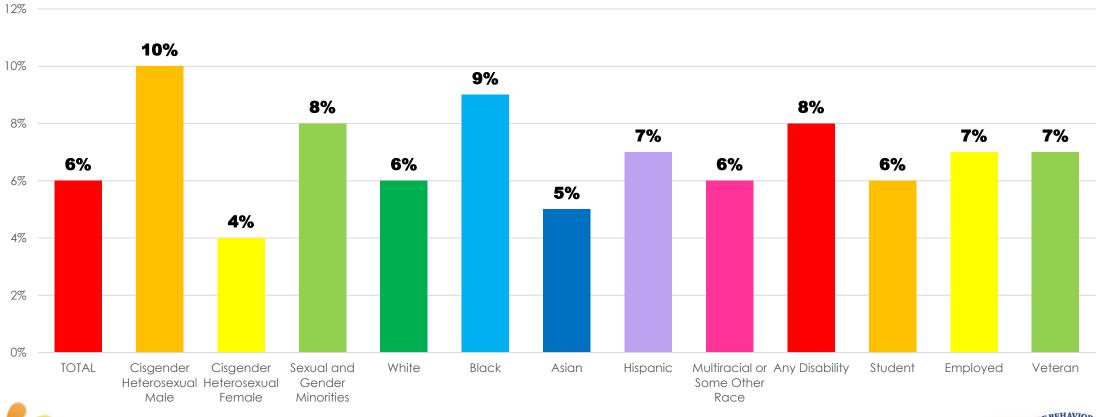


25%

NOTE: AUDIT¹ scores of 8+ were used to define hazardous drinking. Hazardous drinking varied by student status (p=0.003), and those underage were less likely to engage in hazardous drinking (p<0.001).



Alcohol Use Disorder

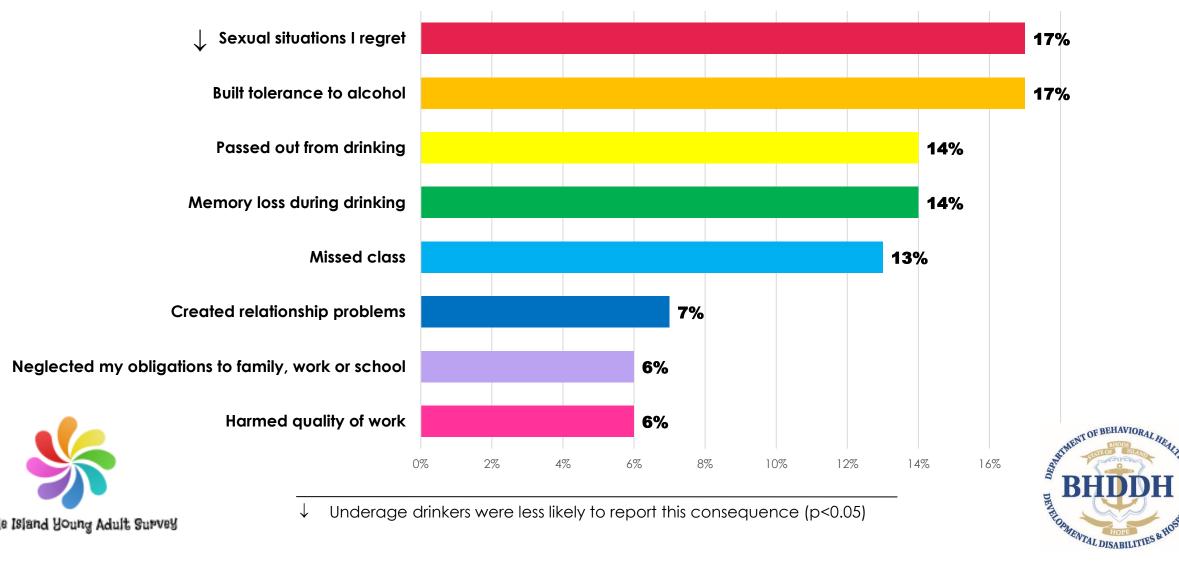




NOTE: AUDIT¹ scores of 12+ were used to define alcohol use disorder. Hazardous drinking varied by sexual and gender identity (p=0.024), and those underage were less likely to have alcohol use disorder (p=0.013).



Negative Consequences of Alcohol (N=784)

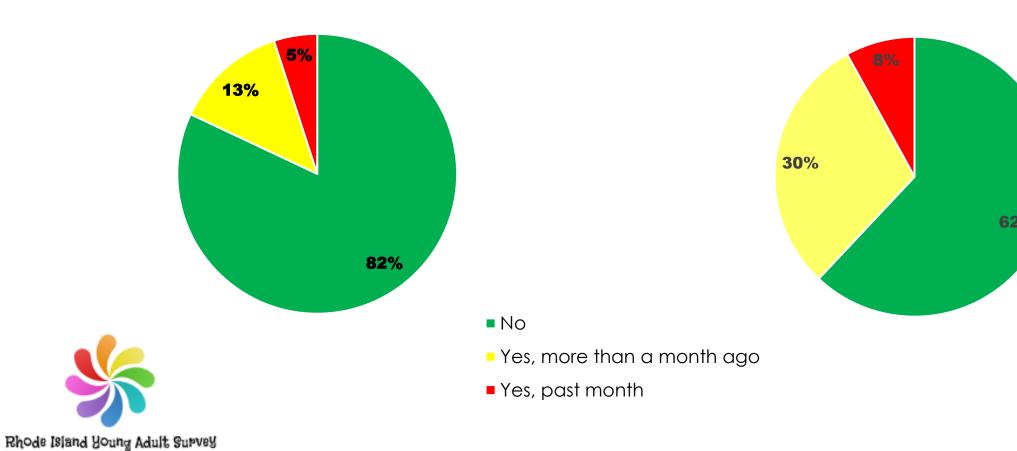


Underage drinkers were less likely to report this consequence (p<0.05)

Rhode Island Young Adult Survey

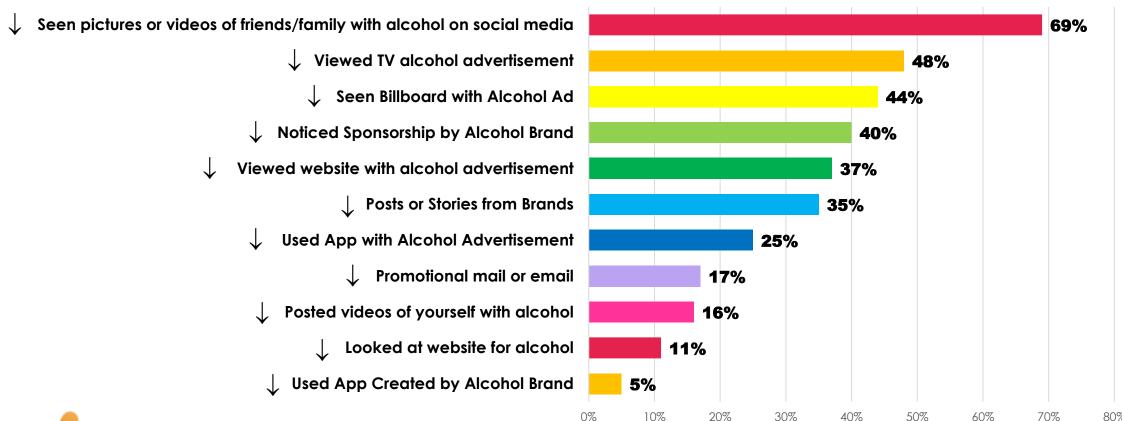
Drinking and Driving among Drinkers (N=784)

Riding with a Drinking Driver (N=1,022)





Alcohol Marketing Exposure in the Past 30 Days



Rhode Island Young Adult Survey



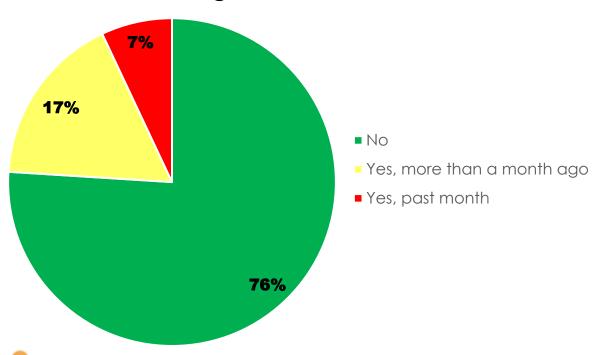
Underage young adults were less likely to report this marketing exposure (p<0.05)

TOBACCO & VAPING





Smoked a Cigarette



Average Age at First Cigarette among Ever Smokers (N=246):

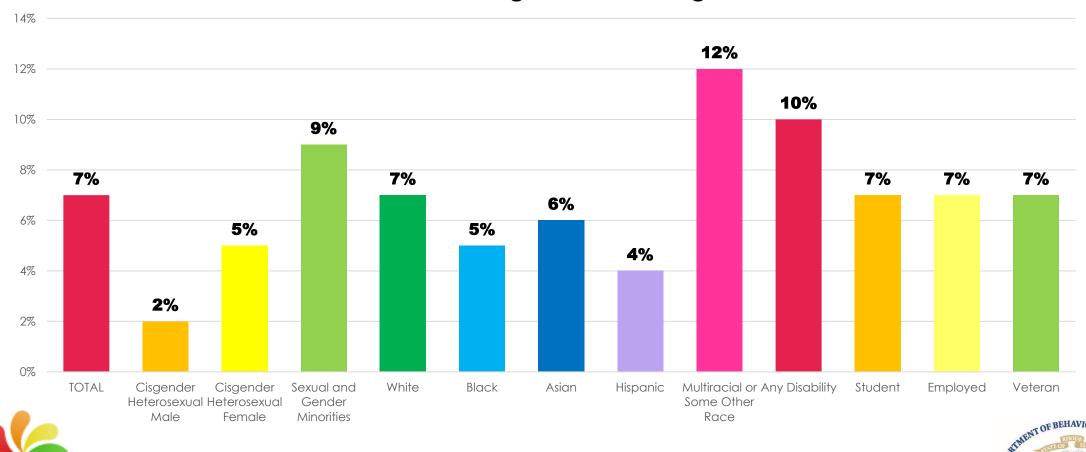
17.5 Years Old

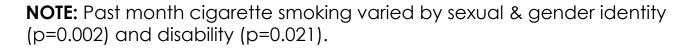




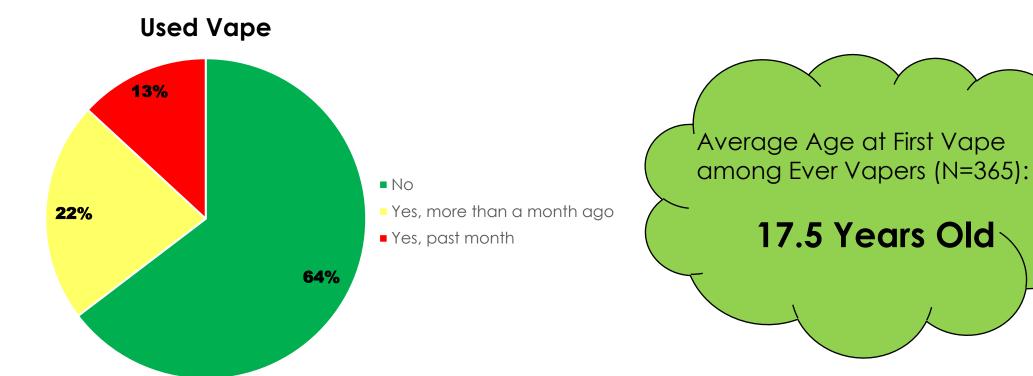
ELECTRICIAL DISABILITIES & HOS.

Current Cigarette Smoking





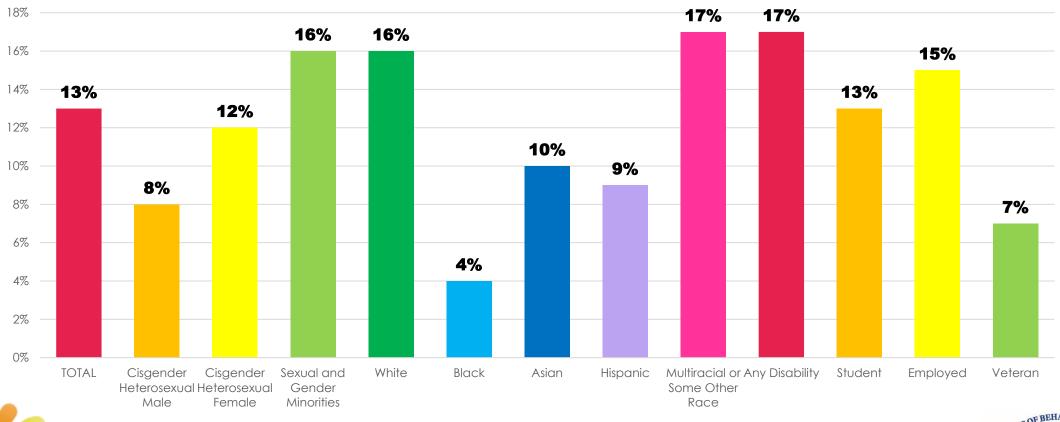








Current Vape Use





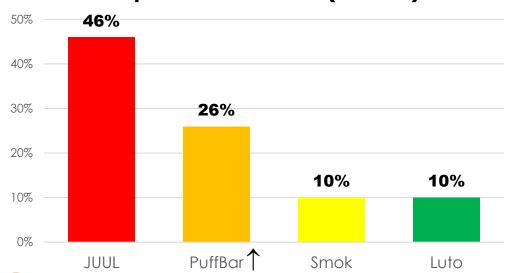
NOTE: Past month vaping varied by sexual & gender identity (p=0.025), race/ethnicity (p=0.014), and employment (p=0.008).



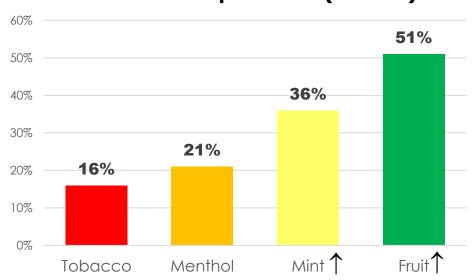
Days Vaped in Average Month among Ever Vapers (N=365):

11 Days

Vape Brands Used (N=365)



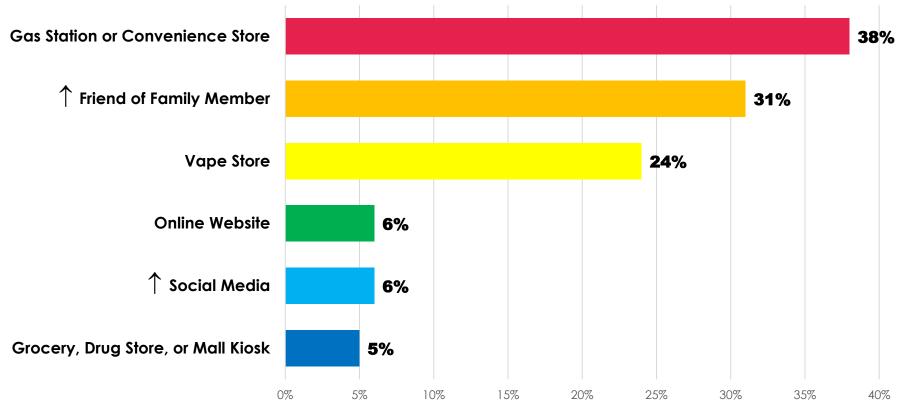
Flavors of Vape Used (N=365)





BHDDH BHDDH

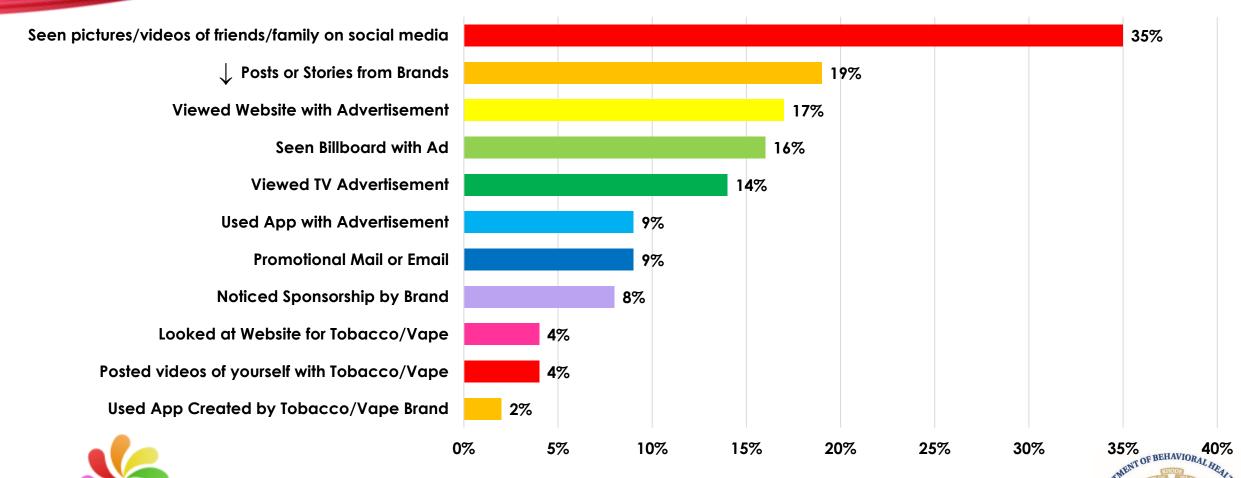
Source of Vape among Ever Vapers (N=365)



Rhode Island Young Adult Survey

BHDDH BHODH BONE BY HOSPITAL DISABILITIES & HOSPITAL D

Tobacco or Vape Marketing Exposure in the Past 30 Days



Rhode Island Young Adult Survey

[↓] Underage young adults were less likely to report this marketing exposure (p<0.05)</p>

CANNABIS



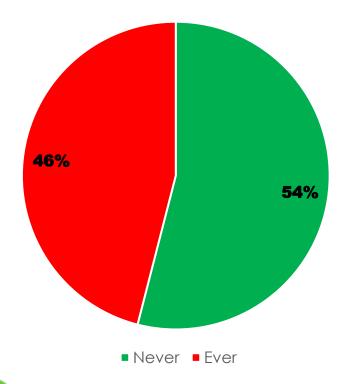


ELECTRICAL DISABILITIES & HOS

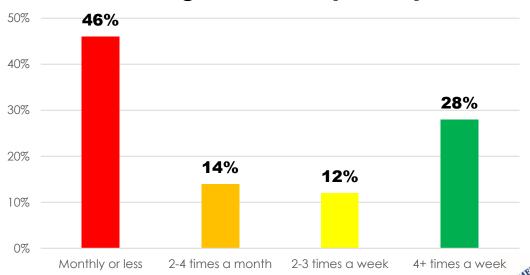
Average Age at First Cannabis Use among Ever Users (N=365):

17 Years Old

Used Cannabis

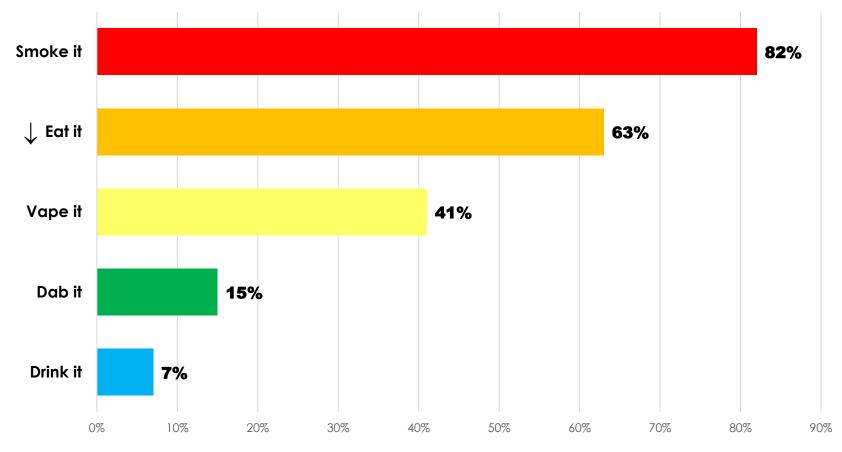


Frequency of Cannabis Use among Ever Users (N=471)





Modes of Cannabis Use in Average Month (N=471)



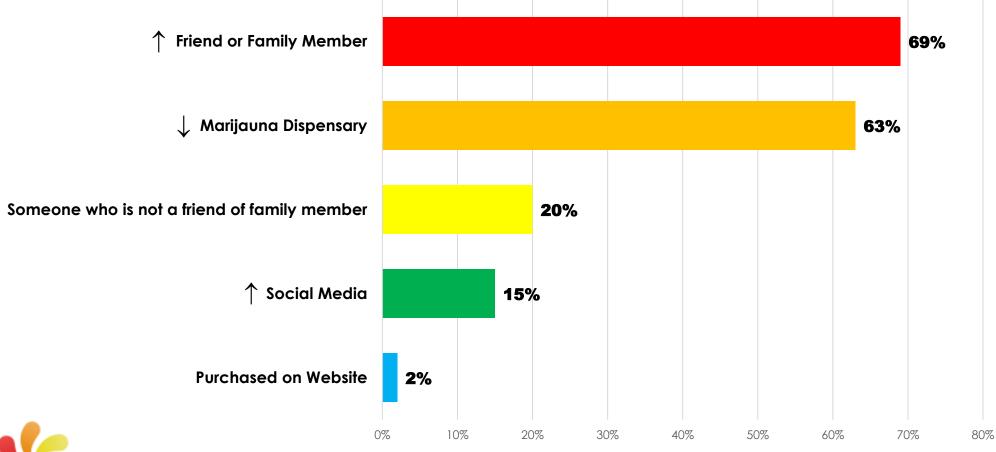




[↓] Underage users were less likely to use this mode(p<0.05)</p>

ELECTRICAL DISABILITIES & HO.

Source of Cannabis Past Year (N=471)

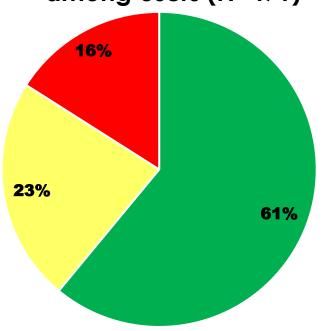




[↓] Underage users were less likely to use this source (p<0.05)

¹ Underage users were more likely to use this source (p<0.05)

Using Cannabis and Driving among Users (N=471)

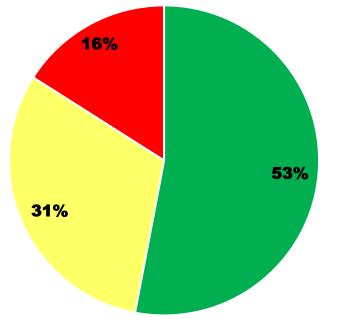


No

Yes, more than a month ago

■ Yes, past month

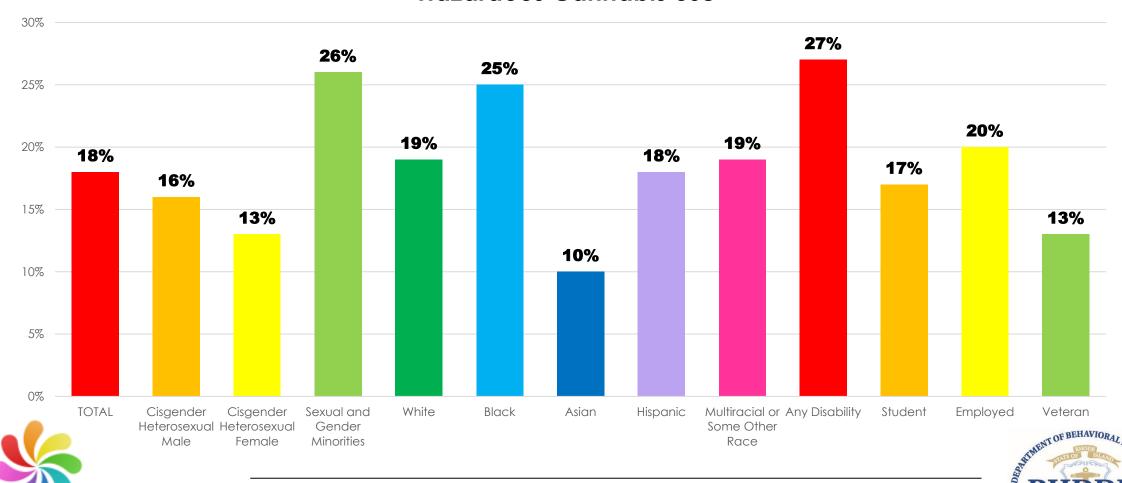








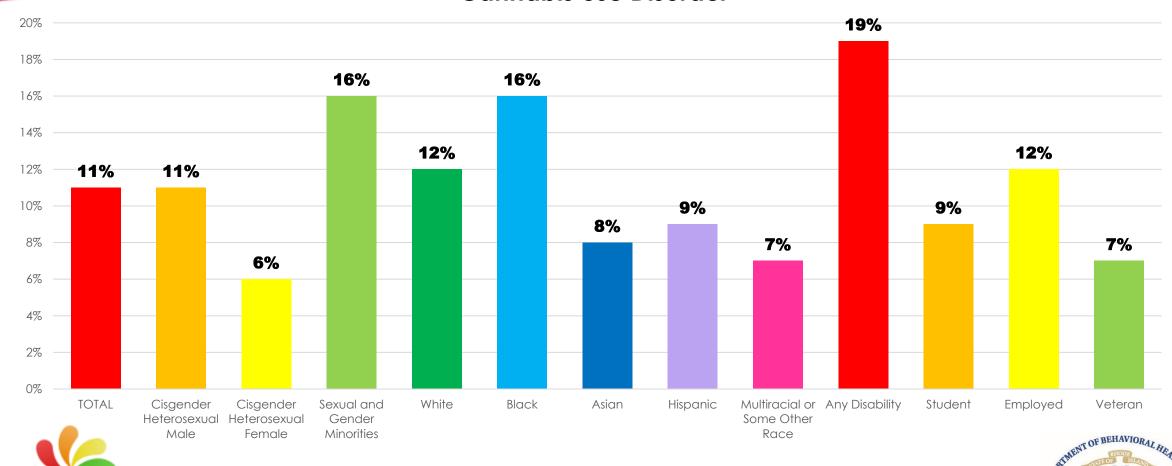
Hazardous Cannabis Use



Rhode Island Young Adult Survey

NOTE: CUDIT² scores of 8+ were used to define hazardous drinking. Hazardous drinking varied by sexual and gender identity (p<0.001) and disability status (p<0.001).

Cannabis Use Disorder

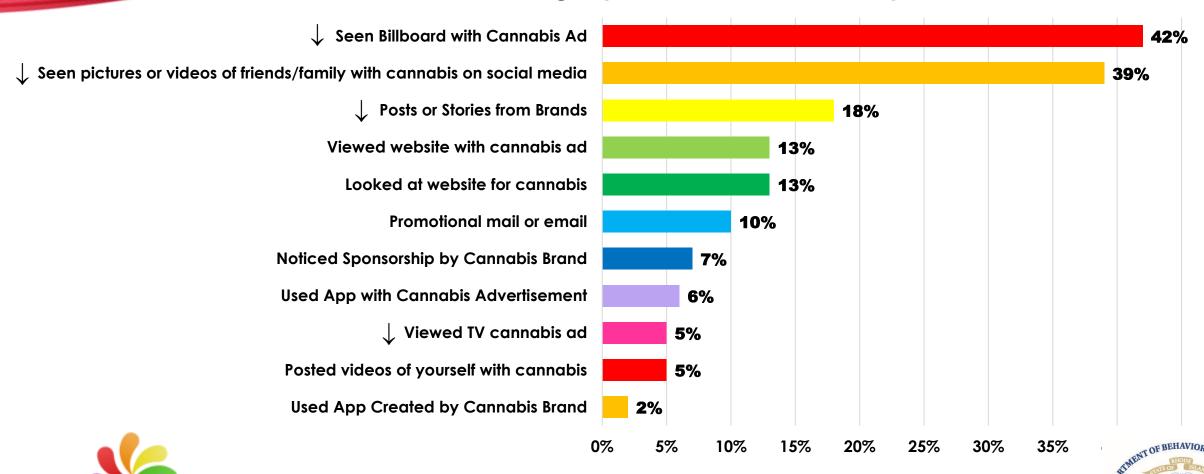


NOTE: CUDIT² scores of 12+ were used to define cannabis use disorder. Cannabis use disorder varied by sexual and gender identity (p<0.001), disability status (p<0.001), and student status (p=0.003).



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Cannabis Marketing Exposure in the Past 30 Days



Rhode Island Young Adult Survey

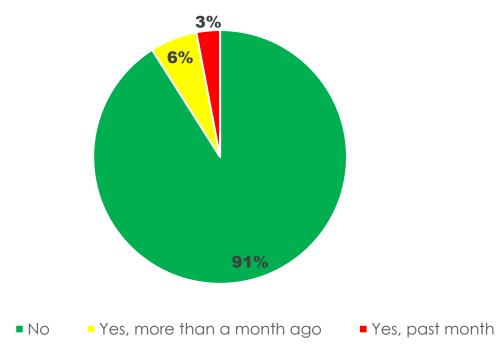
Underage young adults were less likely to report this marketing exposure (p<0.05)

OTHER DRUGS

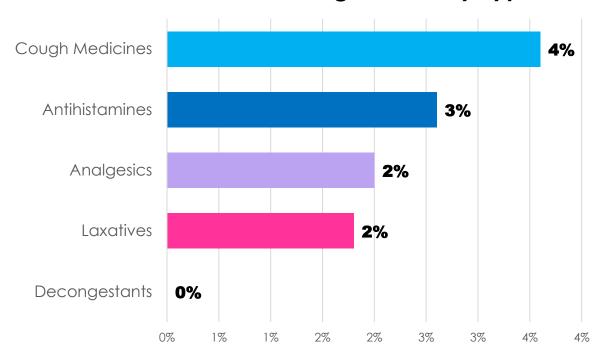




Any Over-the-Counter Drug Misuse



Over-the-Counter Drug Misuse by Type

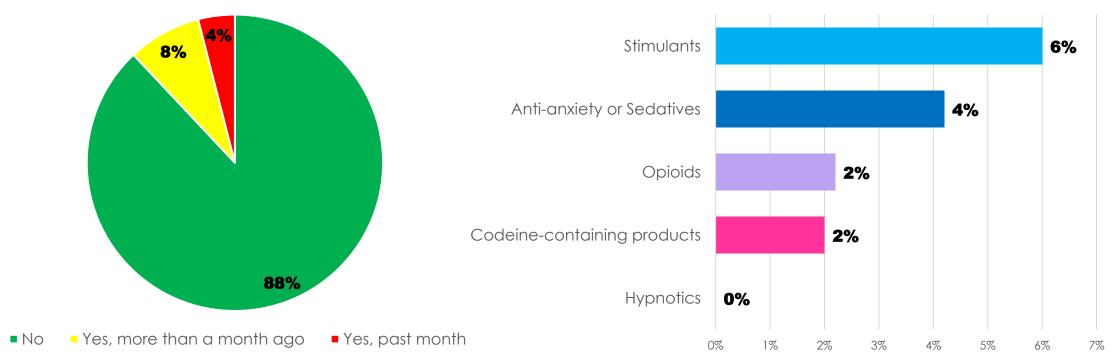






Any Prescription Drug Misuse

Prescription Drug Misuse by Type

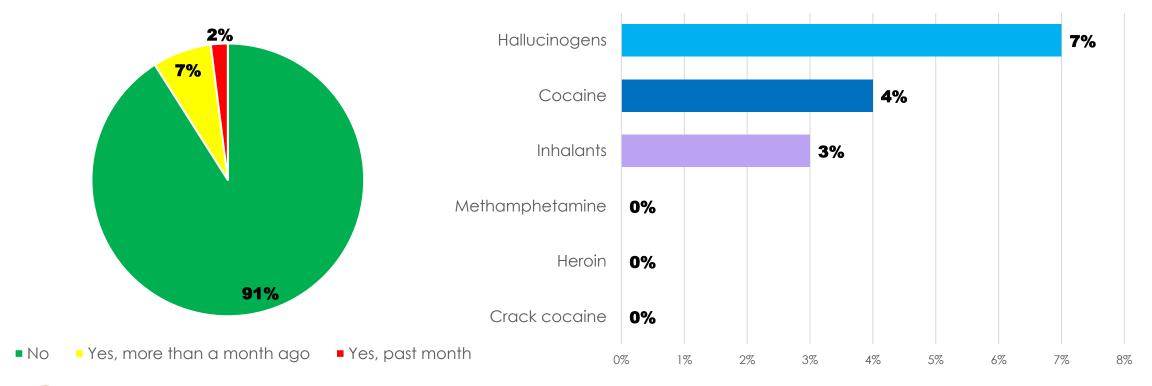






Any Illegal Drug Use

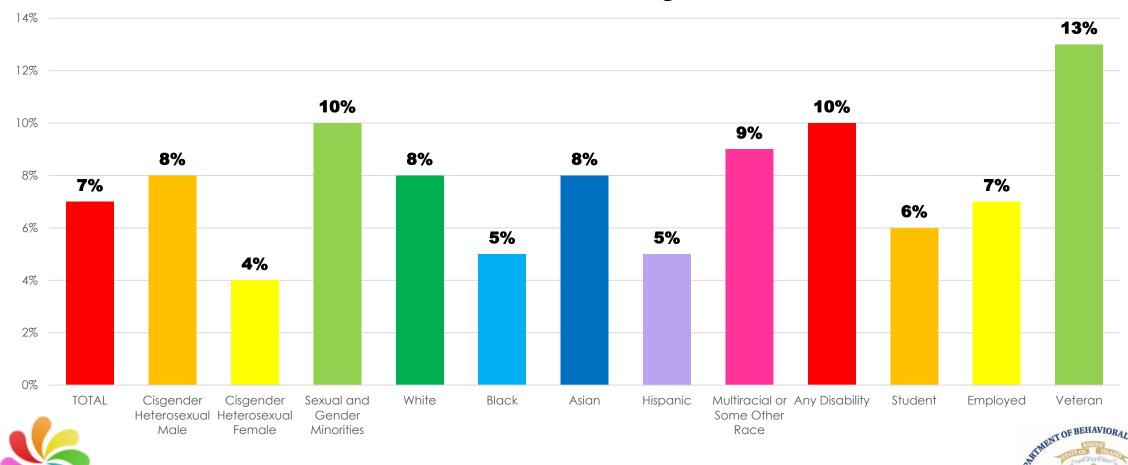
Illegal Drug Use by Type







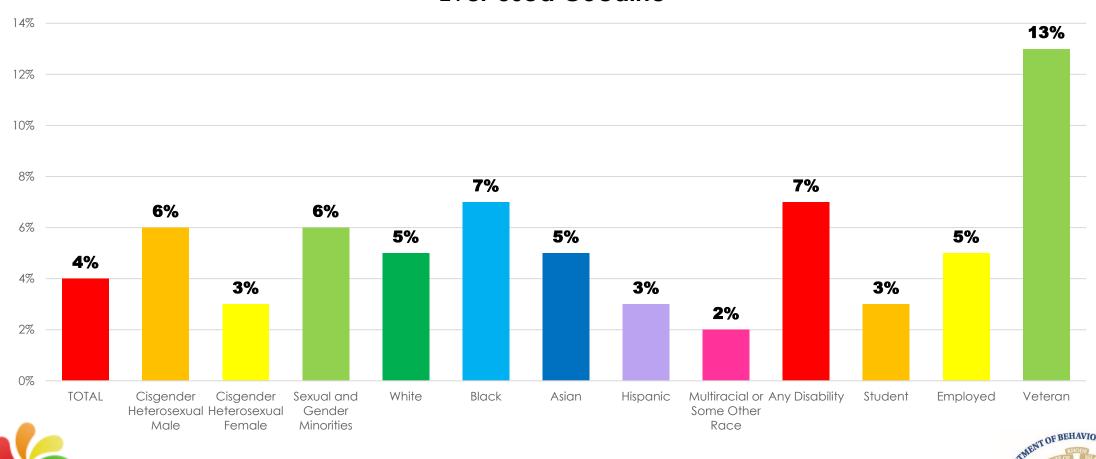
Ever Used Hallucinogens

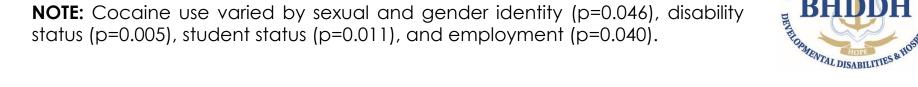


NOTE: Hallucinogen use varied by sexual and gender identity (p=0.001), disability status (p=0.025), and student status (p=0.010).



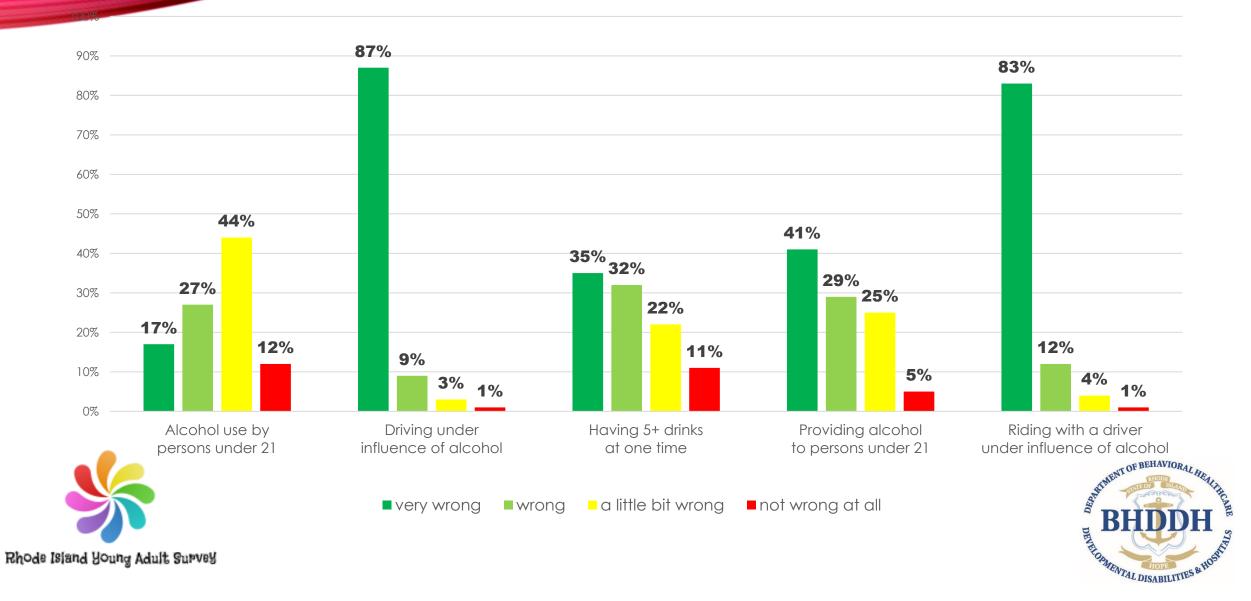
Ever Used Cocaine





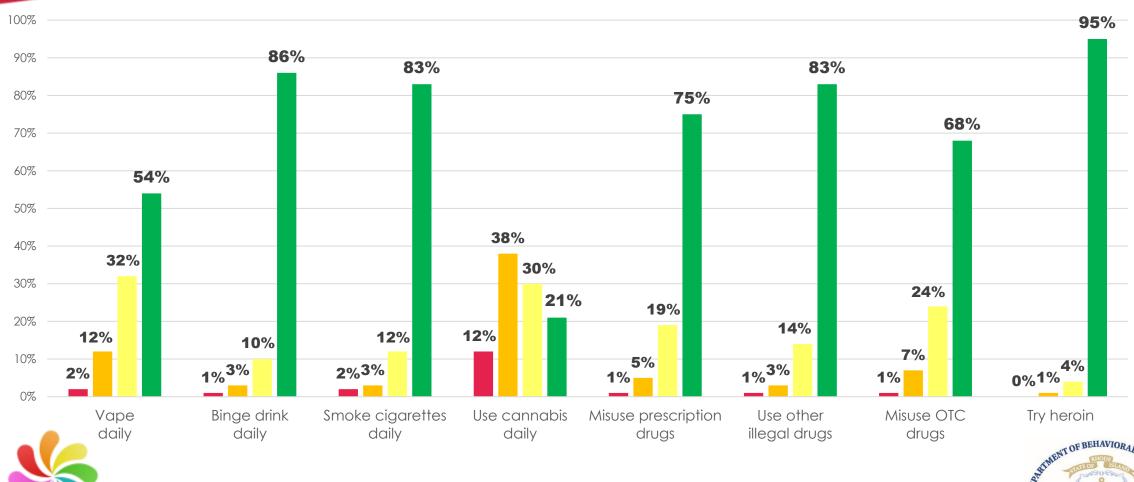


How Wrong Do Adults in Your Family Think This Is?

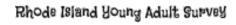


ELECOMENTAL DISABILITIES & HOST

How Much Do People Risk Harming Themselves if They?



■ no risk ■ slight risk ■ moderate risk ■ great risk

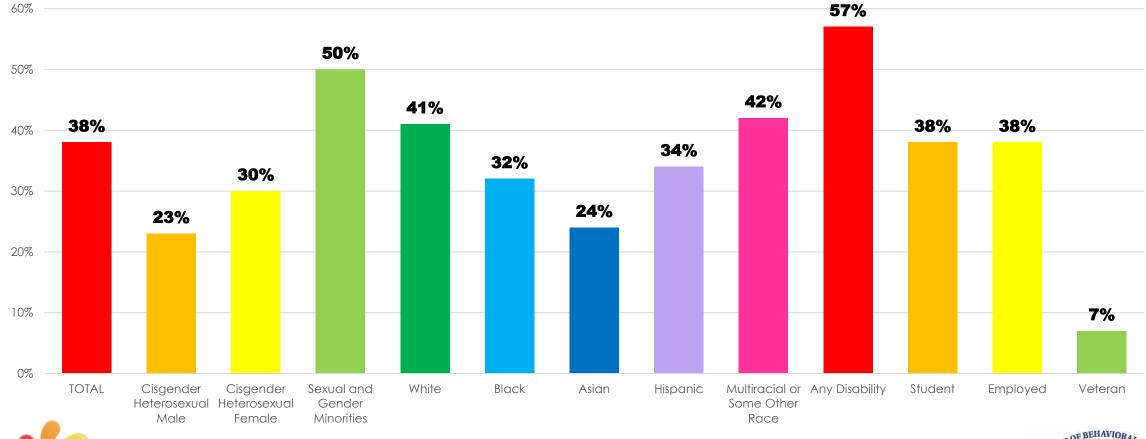


MENTAL HEALTH





Anxiety

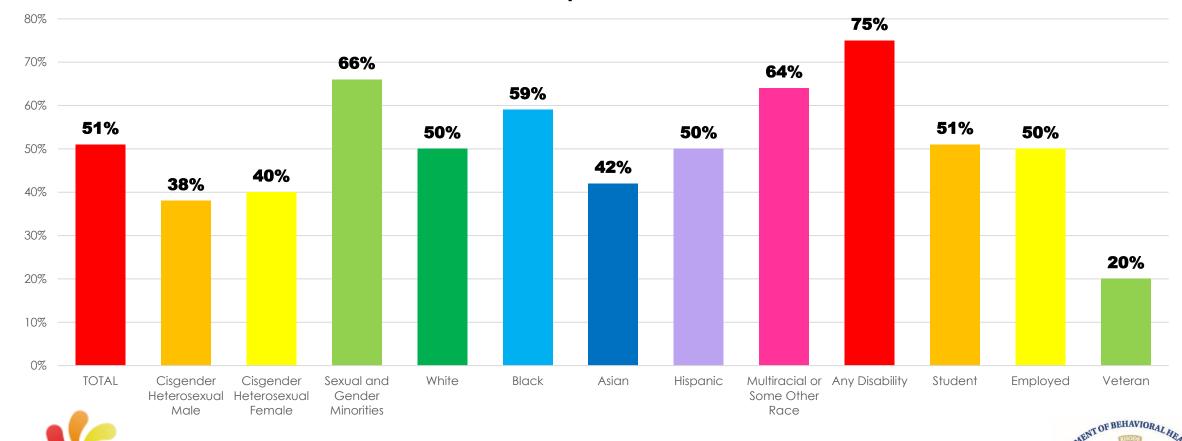


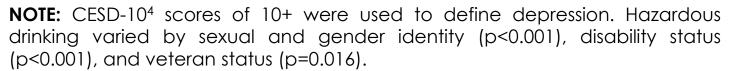


NOTE: GAD- 7^3 scores of 10+ were used to define anxiety. Anxiety varied by sexual and gender identity (p<0.001), race/ethnicity (p=0.048), disability status (p<0.001), and veteran status (p=0.012).



Depression

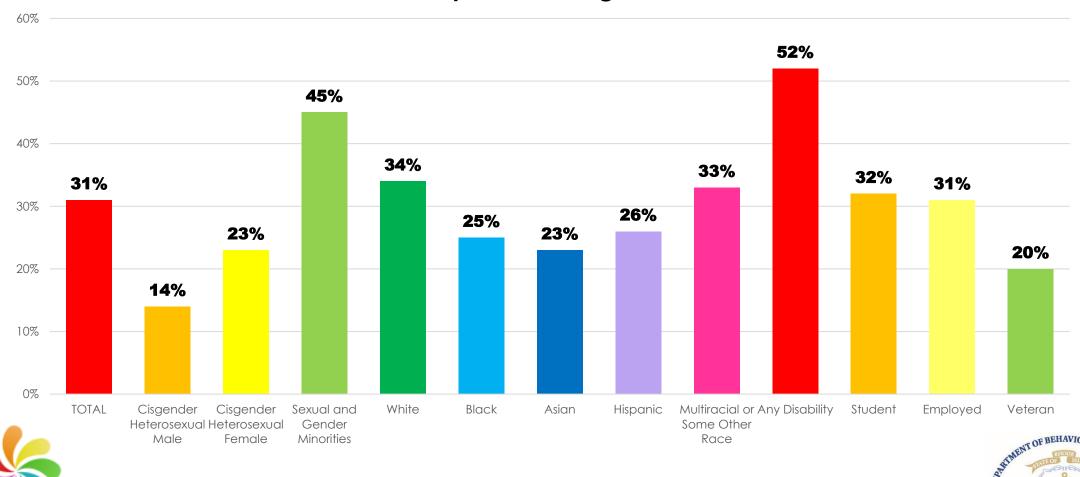






Rhode Island Young Adult Survey

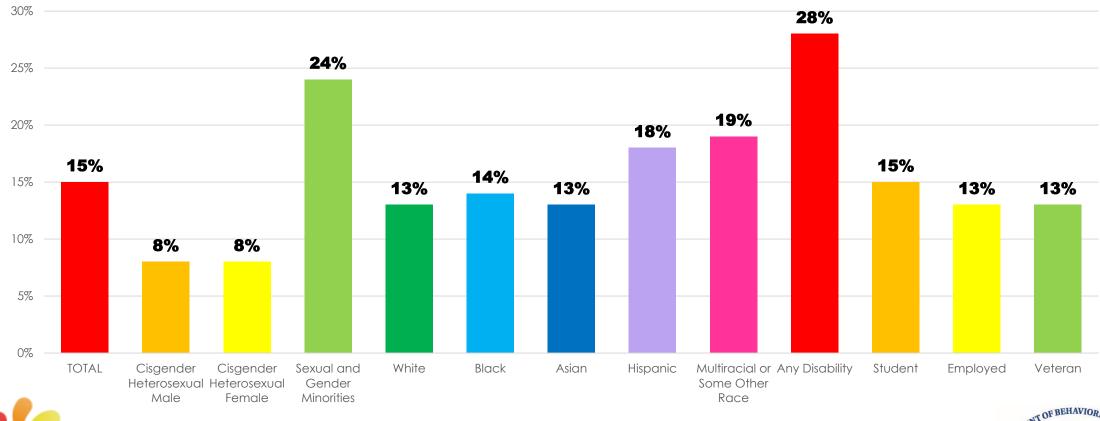
Depression Diagnosis



NOTE: Depression diagnosis varied by sexual and gender identity (p<0.001) and disability status (p<0.001).



Considered Suicide Past Year

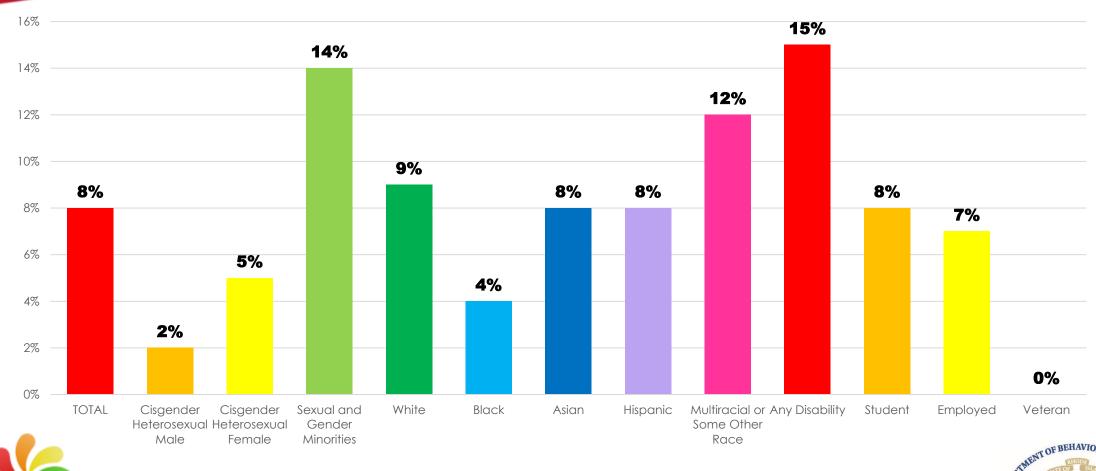


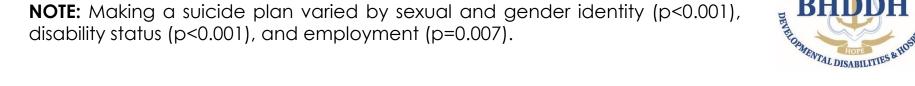


NOTE: Having considered suicide varied by sexual and gender identity (p<0.001), disability status (p<0.001), and employment (p<0.001).



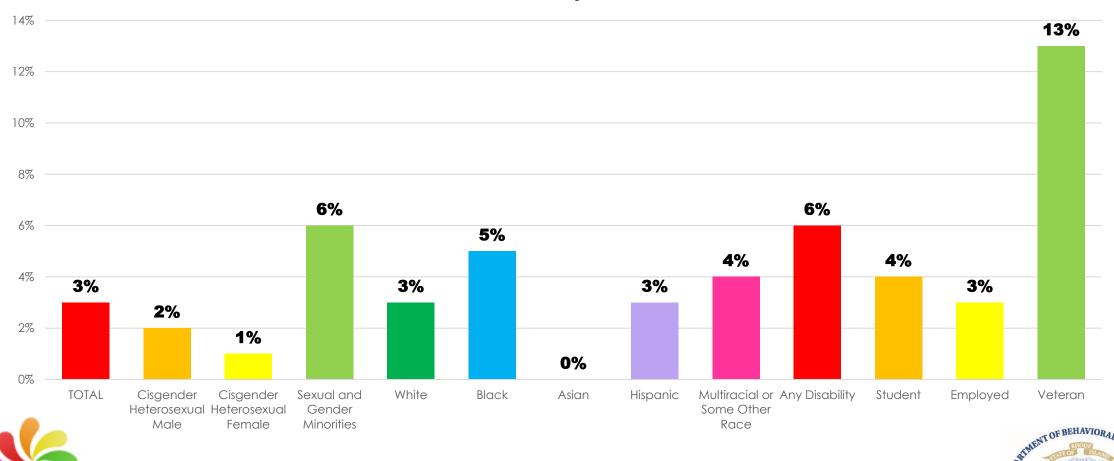
Made a Suicide Plan Past Year







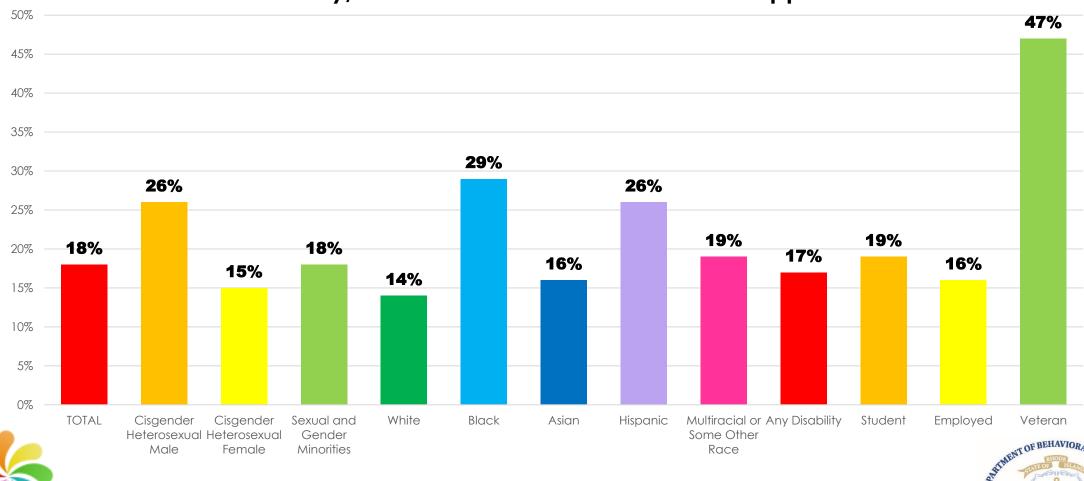
Suicide Attempt Past Year



NOTE: Suicide attempt varied by sexual and gender identity (p<0.001), disability status (p=0.001), and veteran status (p=0.019).



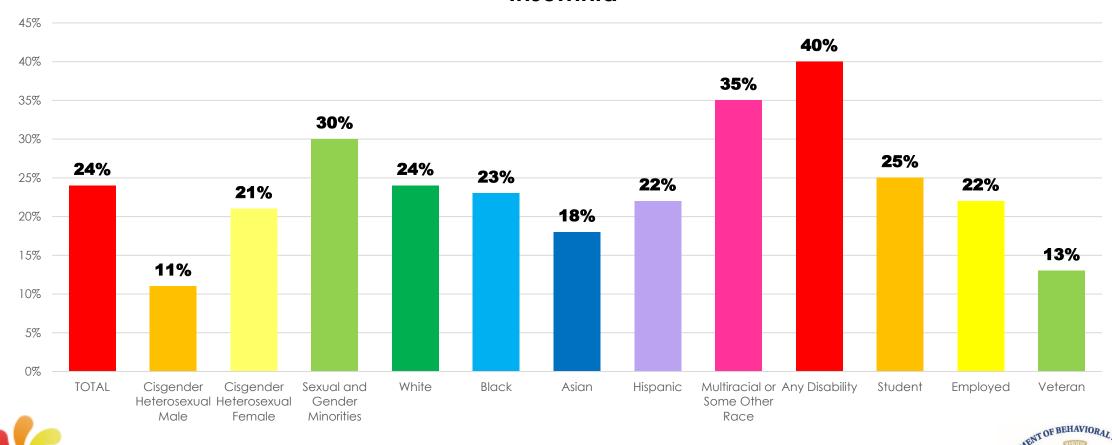
Rarely/Never Have Social or Emotional Support

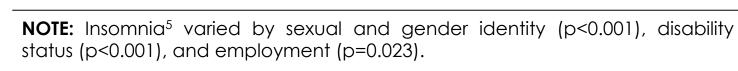


NOTE: Lack of social or emotional support varied by sexual and gender identity (p=0.025), race/ethnicity (p<0.001), employment (p=0.021), and veteran status (p=0.003).

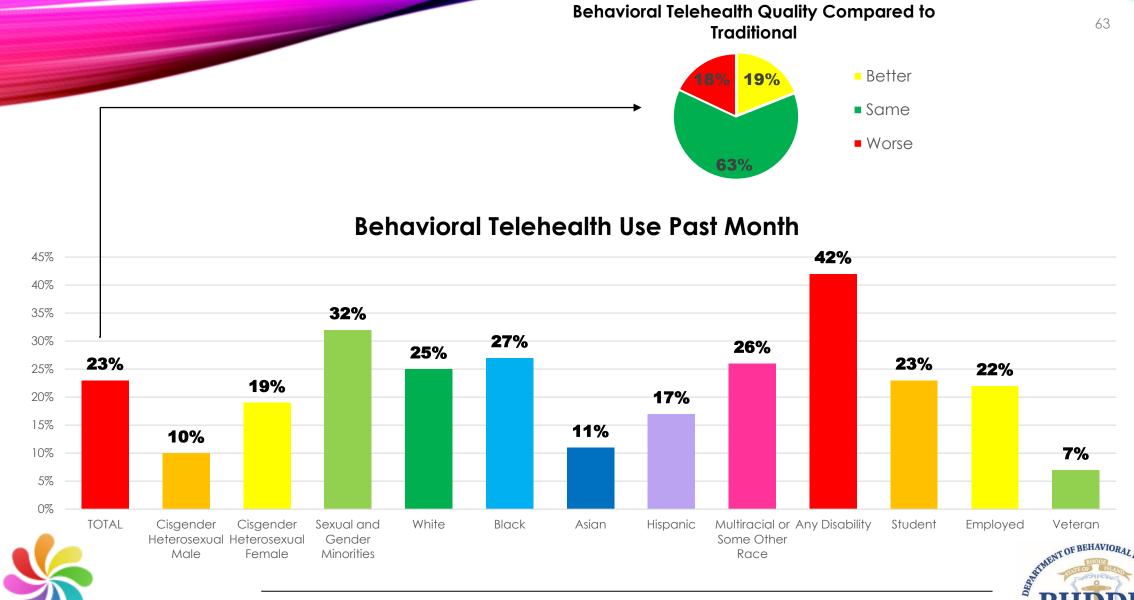
Rhode Island Young Adult Survey

Insomnia





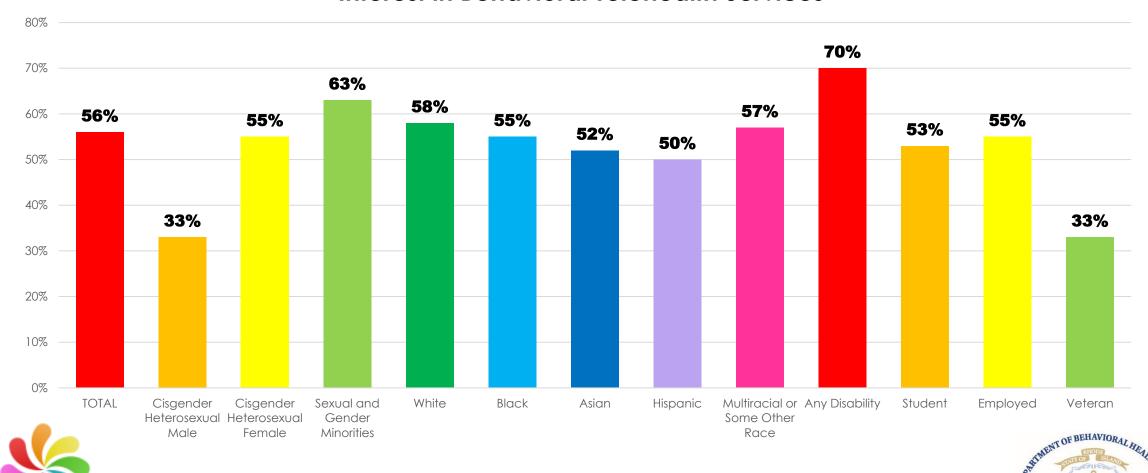




Rhode Island Young Adult Survey

NOTE: Behavioral telehealth use varied by sexual and gender identity (p<0.001), race/ethnicity (p=0.024), and disability status (p<0.001).

Interest in Behavioral Telehealth Services



NOTE: Interest in behavioral telehealth varied by sexual and gender identity (p<0.001), disability status (p<0.001), and student status (p=0.015).



BEHAVIORAL ADDICTIONS

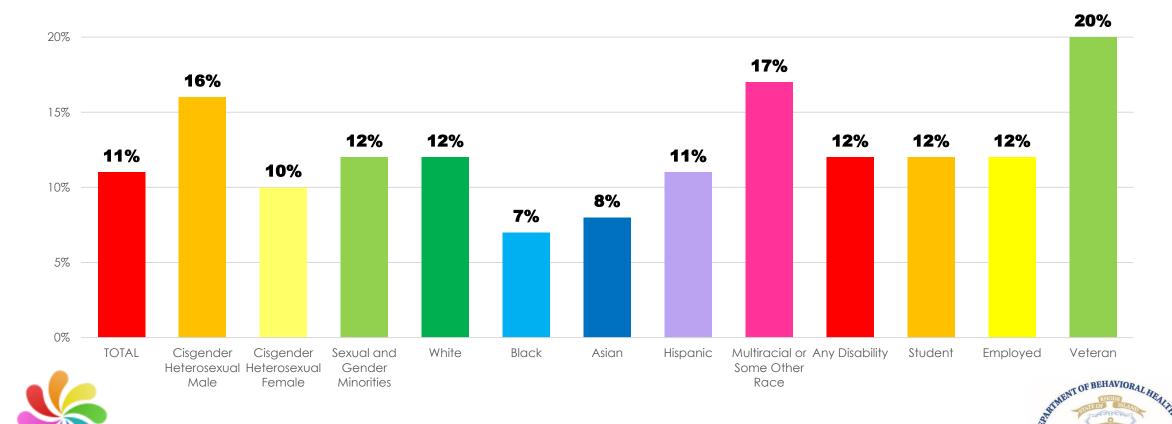




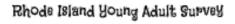
ELECTRICIAL DISABILITIES & HOS.

Current Gambling



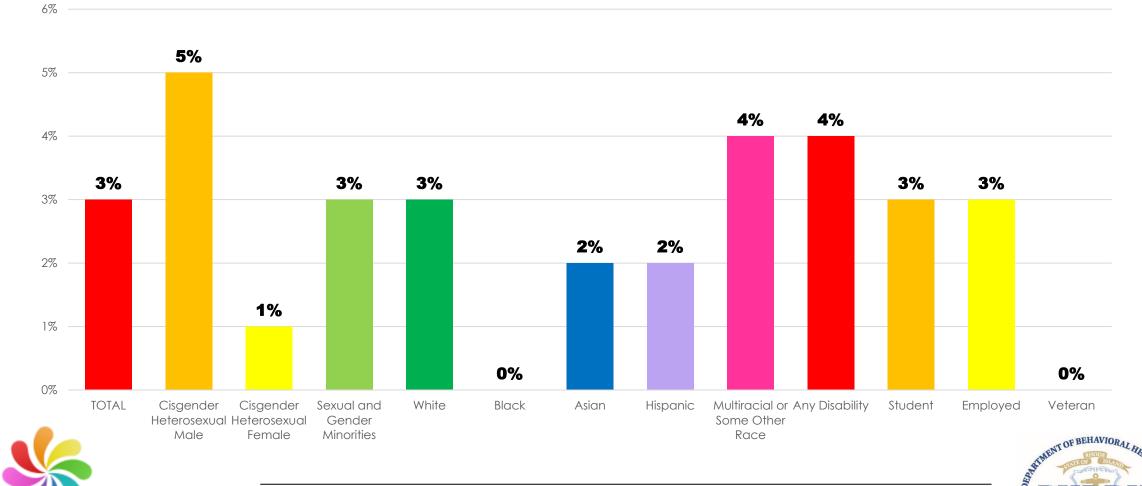


NOTE: Current gambling did not vary by any sociodemographics.



ELECTRICIAL DISABILITIES & HOS.

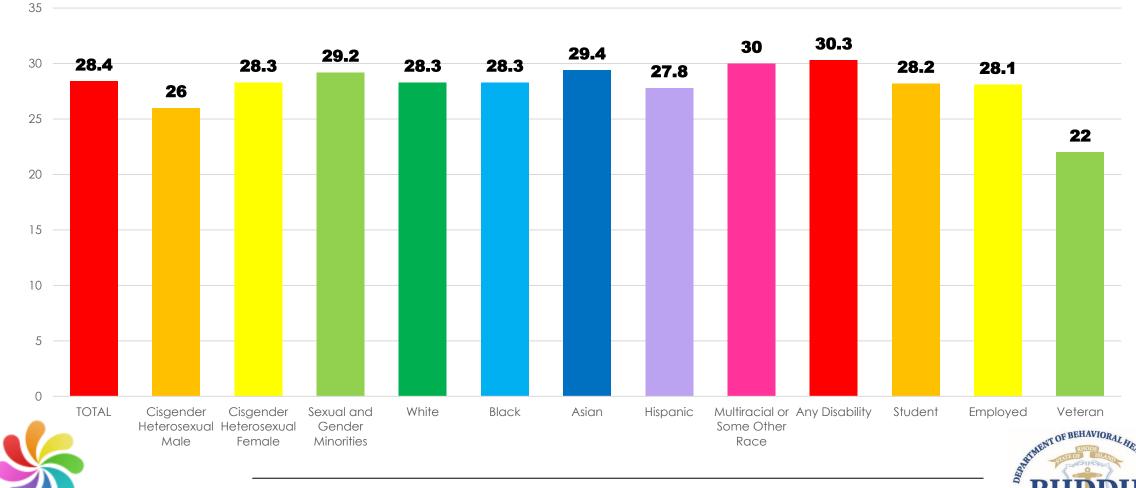
Problem Gambling



NOTE: Problem gambling⁶ varied by sexual and gender identity (p=0.029).



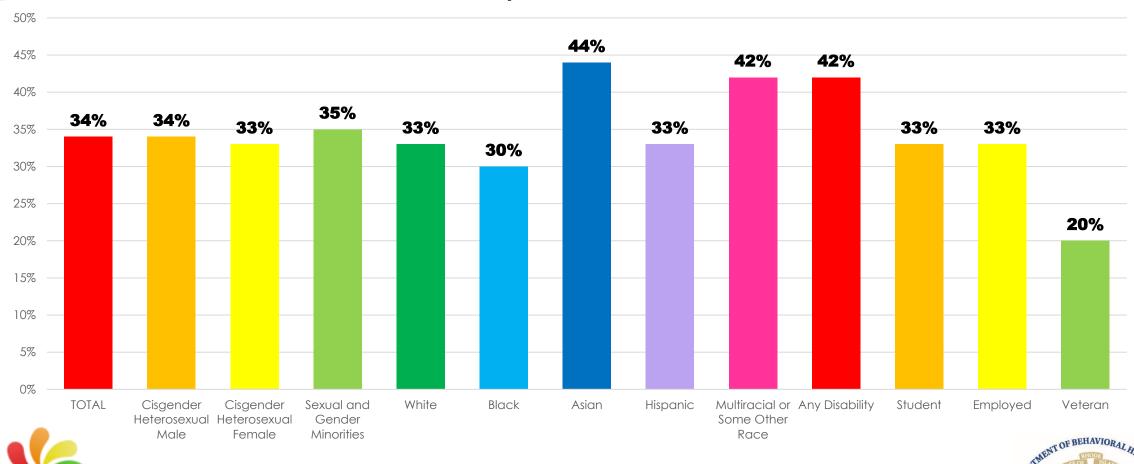
Smartphone Addiction Score



Rhode Island Young Adult Survey

NOTE: Mean smartphone addiction score⁷ varied by sexual and gender identity (p=0.006), disability status (p<0.001), and veteran status (p=0.015).

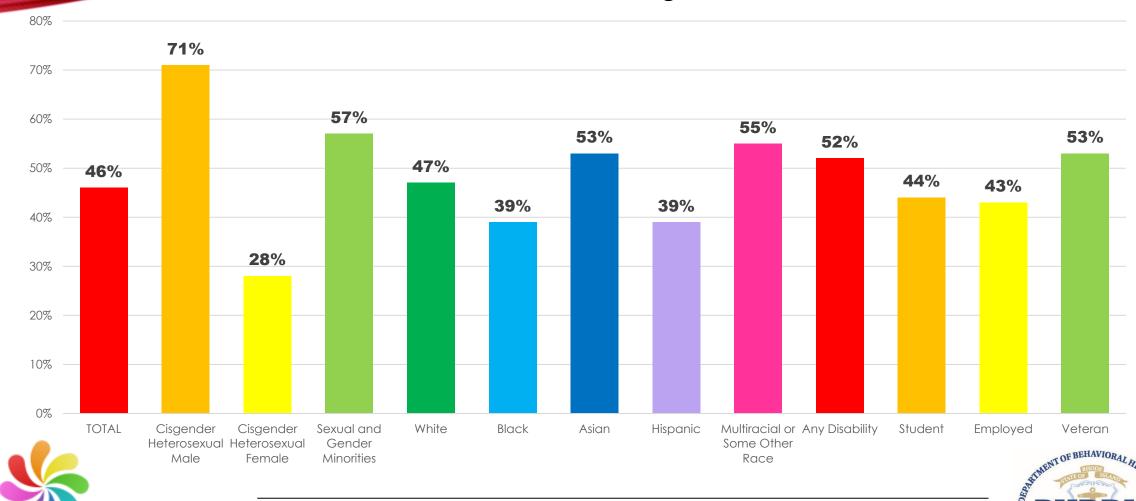
Smartphone Addiction



NOTE: Smartphone addiction was defined by the valid and reliable SAS-SV.7 Smartphone addiction varied by disability status (p=0.002).



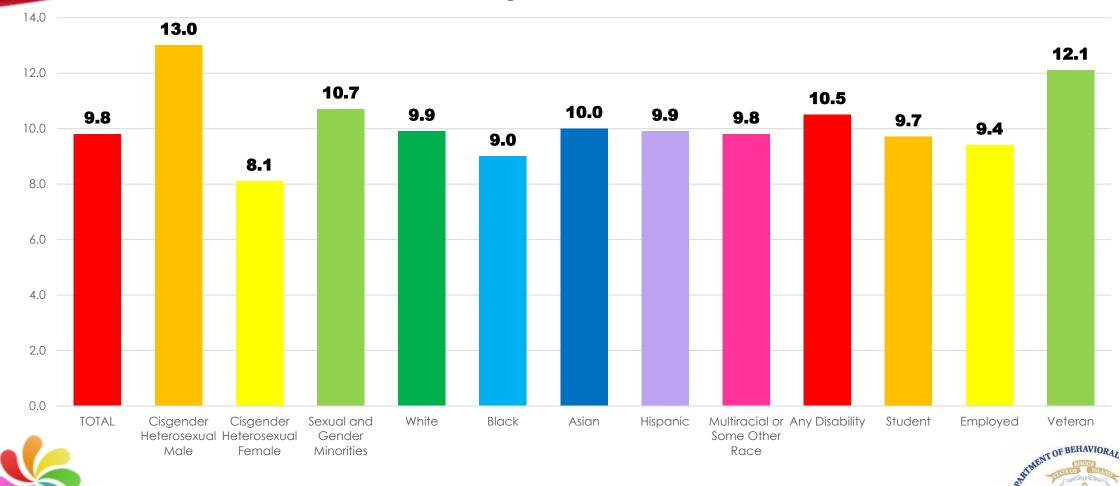
Current Gaming



Rhode Island Young Adult Survey

NOTE: Current gaming varied by sexual and gender identity (p<0.001), disability status (p=0.022), and employment (p=0.002).

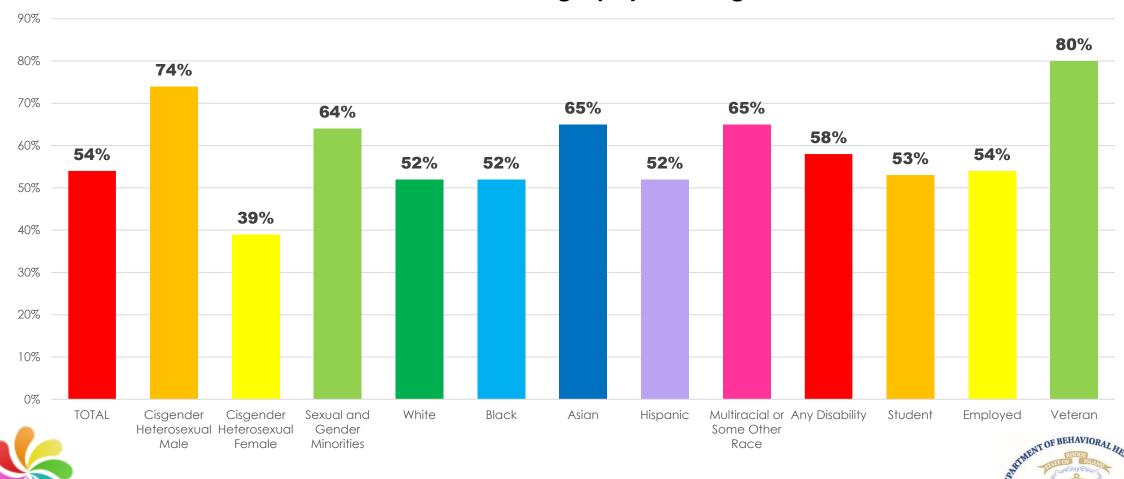
Gaming Addiction Score



NOTE: Gaming addiction score⁸ varied by sexual and gender identity (p<0.001), disability status (p=0.005), and employment (p<0.001).



Current Pornography Viewing



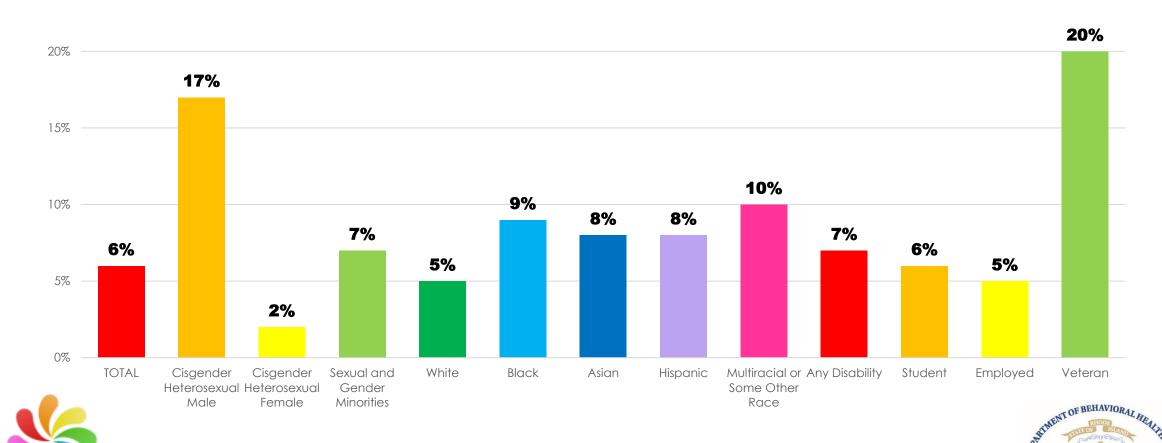
NOTE: Pornography viewing varied by sexual and gender identity (p<0.001) and veteran status (p=0.042).



Pornography Addiction

25%

Rhode Island Young Adult Survey



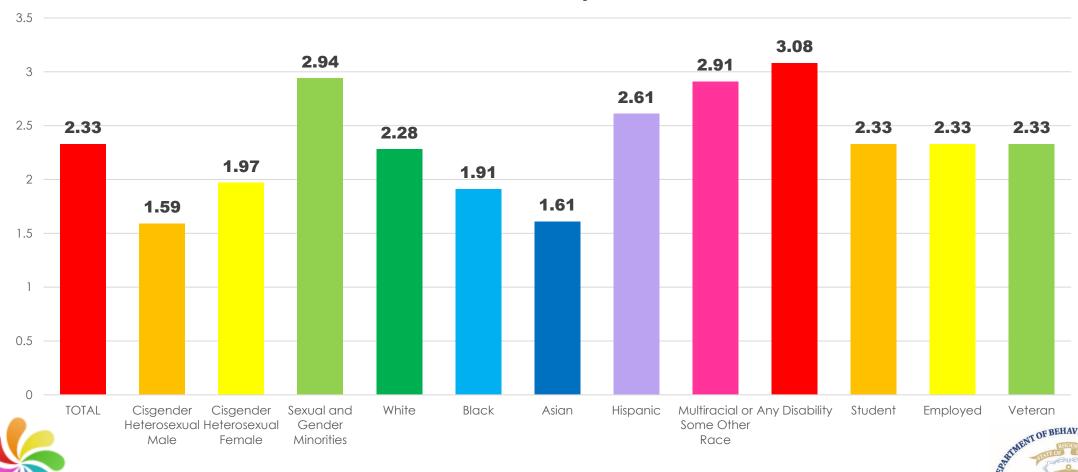
NOTE: Pornography addiction⁹ was defined using a valid and reliable instrument. Pornography addiction varied by sexual and gender identity (p<0.001), employment status (p=0.002), and veteran status (p=0.025).

INJURY OR VIOLENCE





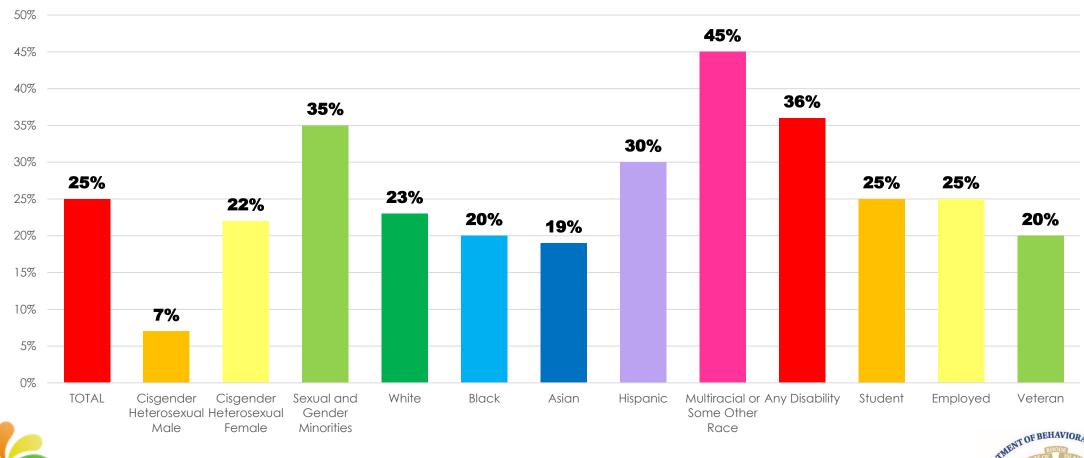
Adverse Childhood Experiences Score

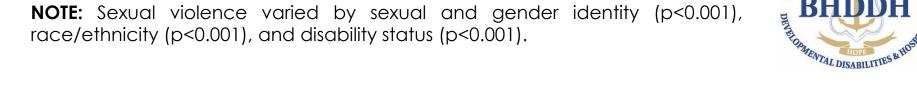


NOTE: ACE score¹⁰ varied by sexual and gender identity (p<0.001), race/ethnicity (p<0.001), and disability status (p<0.001).



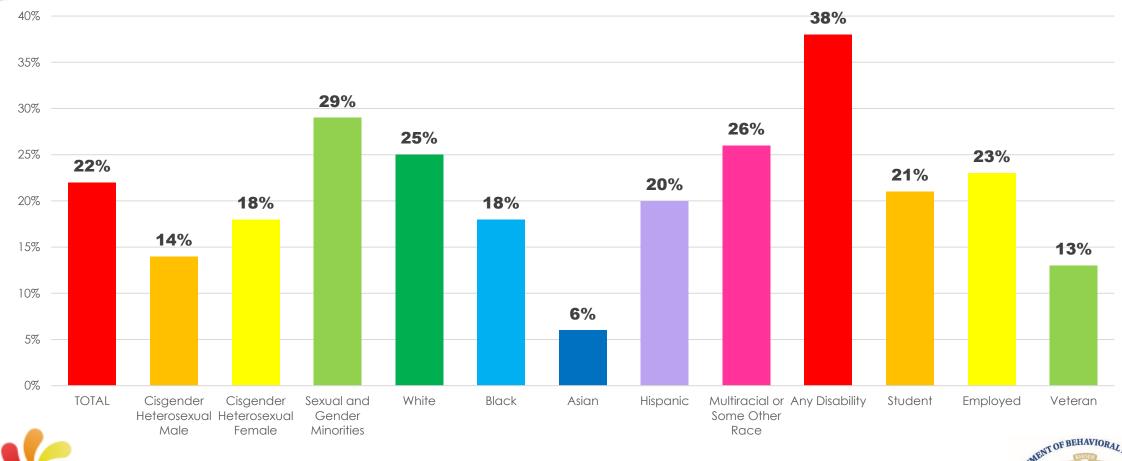
Any Sexual Violence

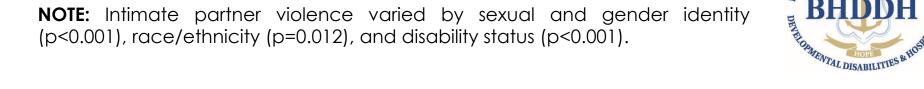






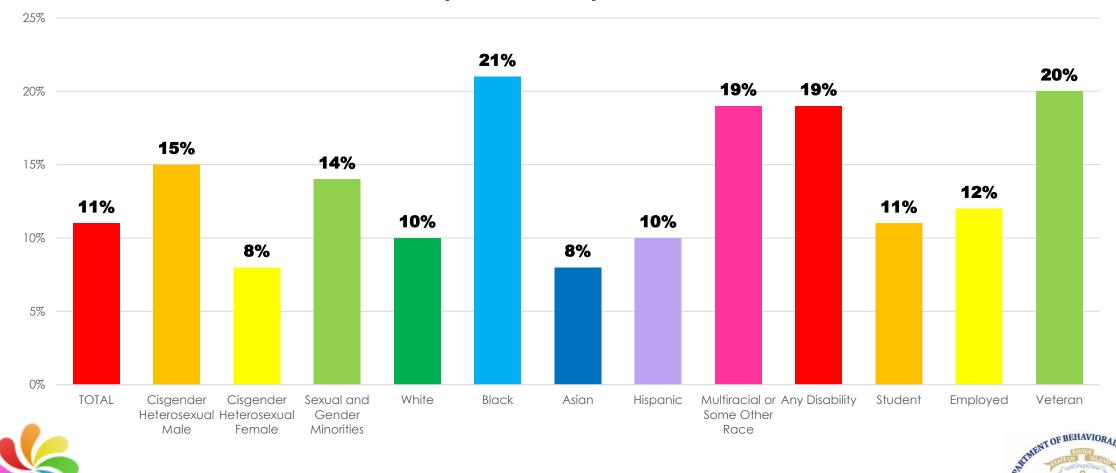
Any Intimate Partner Violence







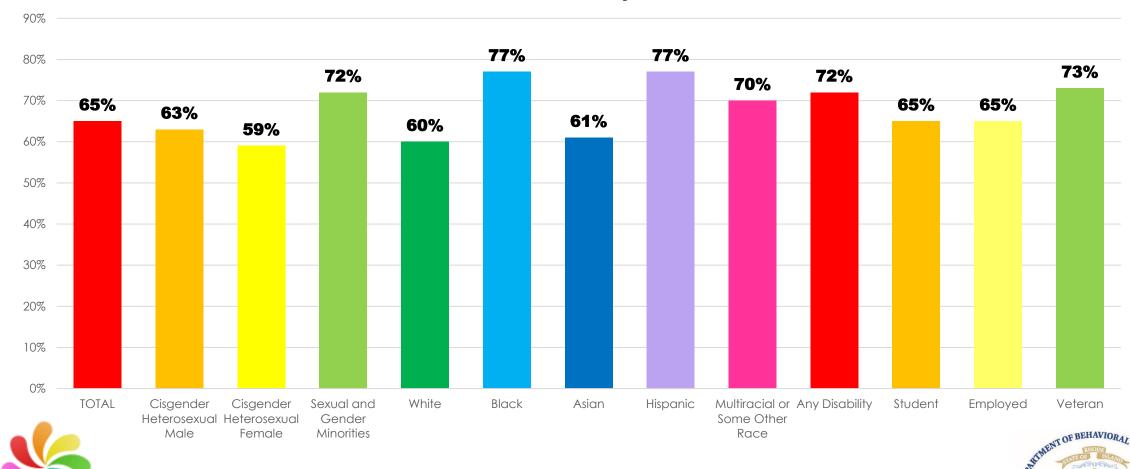
Any Community Violence



NOTE: Community violence varied by sexual and gender identity (p=0.007), race/ethnicity (p=0.025), and disability status (p<0.001).



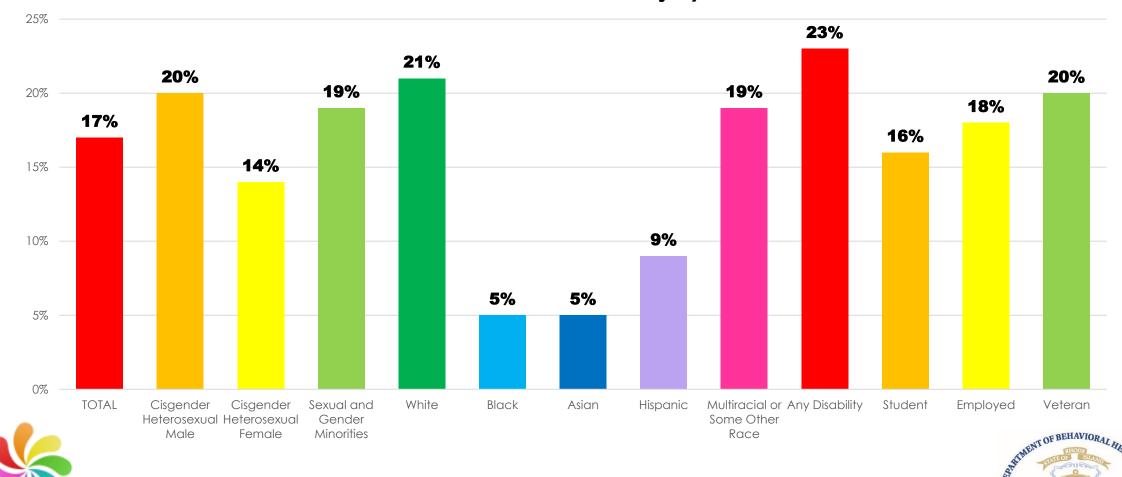
Witness Community Violence



NOTE: Witnessing community violence varied by sexual and gender identity (p<0.001), race/ethnicity (p<0.001), and disability status (p=0.004).



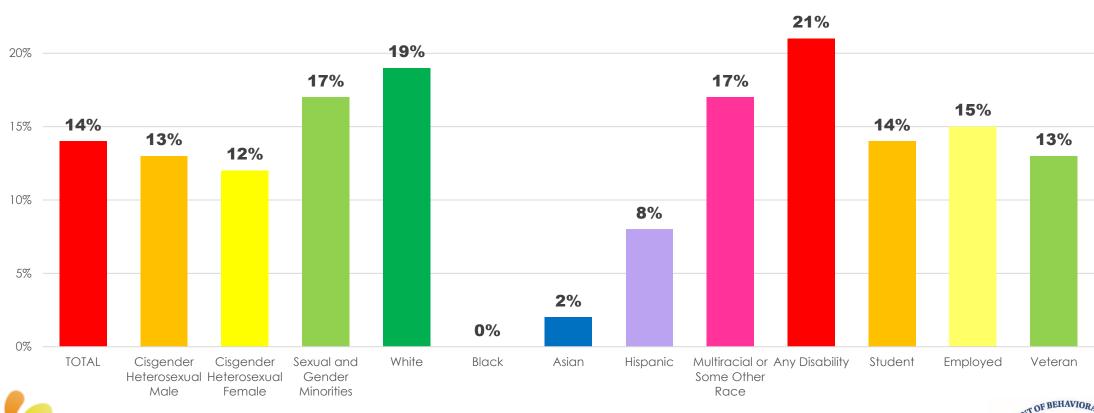
Ever Had a Brain Injury



NOTE: Brain injury varied by race/ethnicity (p<0.001) and disability status (p=0.001).



Brain Injury Diagnosis





25%

NOTE: Brain injury diagnosis varied by race/ethnicity (p<0.001) and disability status (p=0.001).



WHAT'S NEXT?

- 2022 RIYAS data will be used for additional peer-reviewed publications, conference presentations, and data briefs
- The RIYAS has no planned future administrations, with a goal of seeking funds to sustain data collection moving forward
- For questions or data requests, please contact srrosenthal@gmail.com





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